

NEWSLETTER

-----October--November 2018, Issue No 18-----



The National Children's Month is pursuant to the Republic act No. 10661 which declares November as the National Children's Month with this year's theme "Movember to Positive Parenting" or "Isulong: Tamang Pag-aaruga Para Sa Lahat ng Bata"

Thousands of children and students from different organizations, cities, and nearby provinces (public and private), parents, and honorable officials attended this year's advocacy of promoting positive parenting.

The learners from Puso Sa Puso both in Payatas and Parola had the opportunity in performing their song and dance number in a big stage with huge crowd.



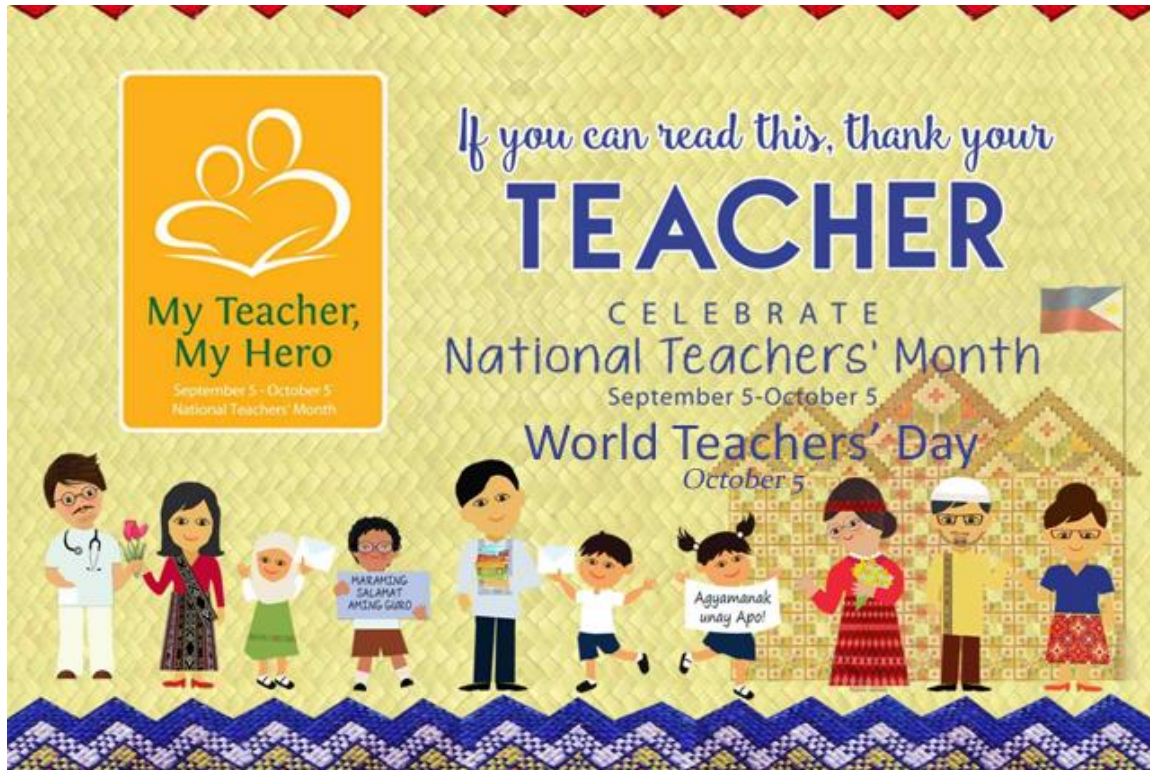
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World Teacher's Day Celebration	1
Breastfeeding Awareness Seminar	3
Entrepreneurship with Business Simulation and Financial Education	5
Capacity Building on Functionality BCPC	7
Child Protection Policy of Puso Sa Puso Edukasyon, Inc	9
Anti-Bullying Seminar	11
Celebrating the 8 th year Anniversary of ALSA BUHAY – Parola	13
Monthly Mass – October 2018	15
Puso Sa Puso Joins the National Children's Month	17
Donors and Benefactors visit Payatas and Parola Center	20
Road Safety for Children Program Training	22
Educational Tour of Eskwelahan ng Buhay Kids	24
Children's Day at Barangay Loyola Heights	26
Eucharistic Celebration for the Month of November	29
An Evaluation visit of Misesan Cara and SOFIA	31
Soap Making: A Skills Training under Livelihood Program	34



World Teachers Day Celebration
(October 4 & 5, 2018)



In line with celebration of National Teachers Month (Philippines) and World Teachers Day, ALSA BUHAY Parola and Payatas centers organized surprise celebrations for their beloved teachers. The celebration started in Payatas on the 4th of October, and on the following day, Parola center followed. This is basically the learners way of expressing their gratitudes towards their teachers beacuse of their continous support, efforts, and love.

According to UNESCO, the theme for this year's celebration is: "The right to education means the right to a qualified teacher". In addition, this year's theme has been chosen to remind the global community that the right education cannot be achieved without the right to trained and qualified teachers. This year also marks the 70th anniversary of the Universal Declaration of Human Rights that recognize education as a key fundamental right and establishes to entitlement to free compulsory education, ensuring inclusive and equitable access for all children.

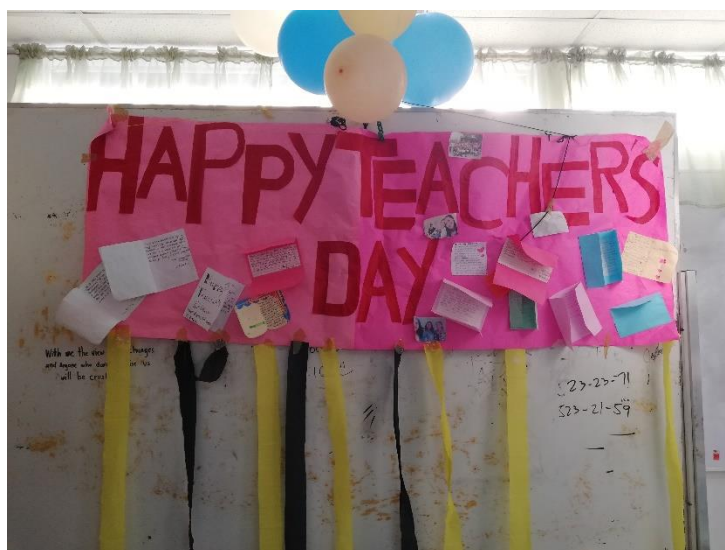
Various surprises took place such as talent showcase through dance and song number. Some learners also expresses their heartfelt messages to their teachers. The learners also prepared and cooked food this celebration. Both centers truly filled with an atmosphere of love and gratefulness.

The celebration is not only concentrated to the Instructional Managers (IM) but also to the other staff who also, in similar way, share and teach their knowledge in the other ways. The social workers, livelihood coordinators, and even the supervisors are also recognized.

Photos:



Group photo in Parola after the event



Happenings in Payatas



Breastfeeding Awareness Seminar

(October 5 & 26, 2018)



Puso Sa Puso Edukasyon, Inc., in partnership with Ateneo Medical intern students and Missionary Community of Saint Paul the Apostle (MCSPA) organized a seminar on awareness on breastfeeding for both centers in Payatas and Parola. The activity was attended by the mothers of Gate 1 of Parola, Tondo, Manila and Payatas, Quezon City.

The objective of this seminar is to raise awareness on the importance of breastfeeding and to protect the best interest of the infants and mothers.

The seminar starts with a prayer prepared by Ateneo students. The discussion focus on important of breastfeeding including its benefits not only to the infant but also to the mother. These benefits are not only limited to the health of both the mother and child but also it has impact on other aspects including economic, social, biological, etc. The medical intern students also discussed the legal basis of breastfeeding which is the Executive Order (EO) 51 or Milk Code.

Payatas parents were asked on what of the other ways they can ensure the health of their child. Suggestions from the parents were noted. Further feasibility studies and planning will take place for each proposal.

During the talk in Parola, Dr. Joseph Soriano, MD, an Ob-Gyne at Medical City state the difference of a child that is breastfeed and a child that drink formula milk which gave new insights to the participants. He demonstrates also the proper way to breastfeed an infant and how to massage a nursing mother to insure more milk.

Both seminar concluded with the commitment from the parents and continuous support from all the stakeholders.

Photos:



Group picture and highlights on breastfeeding awareness session (Parola)



Payatas session on breastfeeding



Entrepreneurship with Business Simulation and Financial Education (October 15 & 23)



Last October 15 and 23 , 2018, selected learners of ALSA-BUHAY Parola undergone training on Entrepreneurship with business simulation facilitated by Department of Trade and Industry (DTI) and Financial Education facilitated by Philamlife Foundation .This was spearheaded by livelihood cluster of (PIAN) Parola Inter-agency Network and funded by ICTSI.\

The Entrepreneurship Seminar started with a prayer, expectation check and lecture on its important. The speaker also discussed on how to be a new entrepreneur, different kinds of business and corresponding problem that might occur, and other essential information about the topic. On the afternoon session the participants started the business simulation through groupings activity. In addition, they were asked to create a name of their company. During the simulation, they demonstrated what the company would likely experience during production, problem solving situations, and how to limit expenses.

On October 23rd, financial education session took place, Series of workshops were observed such as the participants were given budget sheet and need to accomplish all their expenses and their income. The expected outcome of this activity is to see if the participants were able to save money for a week which is indispensable in financial education.

The facilitator also discussed about investment, insurance, how to buy stock, and how to be part owner of the company. The facilitator gave also some pointers to save money and introduce new formula of how to save it.

Photos:



Business Simulation



Culminating Activity



Highlights on Financial Education Seminar



Capacity Building on Functionality BCPC (October 19-21, 2018)



Parola Inter- Agency Network (PIAN) under education cluster organized a three-day seminar with a theme “CAPACITY BUILDING ON FUNCTIONALITY, BARANGAY COUNCIL FOR THE PROTECTION OF CHILDREN (BCPC)” held at Center for Community Transformation- CCT retreat and Training Center, Tagaytay City.

The Parola Inter-Agency Network (PIAN) composed of different organizations such as Educational Research and Development Assistance (ERDA) Foundation, Department of Social Welfare and Development (DSWD), Puso Sa Puso Edukasyon, Incorporated, headed by International Container Transport Service Incorporated (ICTSI).

A three-day seminar was conducted to capacitate members of the BCPC, enabling participants to effectively and efficiently perform their commitment for the protection of children's right.

A series of workshops were made for the BCPC of Barangay 275, Zone 25 District 3, Binondo Manila & Barangay 20, Zone 2, District 1, Tondo Manilato strengthening their service and making them responsive to the needs of children in their locality.

Ms. Dolora H. Cardeno, RSW, Executive Director of ERDA Foundation, Inc., said the role of the BCPC is significant, especially that there are cases involving children in the city.

The strengthening of BCPC is one of the goals of Parola Inter-Agency Network (PIAN). One of the activity of Education Cluster implemented by International Container Transport Service Incorporated (ICTSI) in collaboration with ERDA foundation, DSWD & Puso Sa Puso Edukasyon, Inc..

Photos:



Representatives from Barangay 20 & Barangay 275 together with Ms. Dolora H. Cardeno, RSW



Photo was taken during the workshop given by Ms. Cadeno



Close discussion with Ms. Cardeno (resource speaker) to the councilor of Barangay 275, Zone 25



Child Protection Policy of Puso Sa Puso Edukasyon, Inc. (October 24, 2018)



Another informative formation happened at Payatas Center and facilitated by the social workers of Puso Sa Puso Edukasyon, Inc. namely: Ms. Joceline Basconcillo and Ms. Jeniffer Basconcillo. This formation was attended by our learners for them to know; the Child Protection Policy of Puso Sa Puso Edukasyon, Inc. designed for them, and to realized that they are safe and secured inside the center.

Child Protection Policy of Puso Sa Puso Edukasyon, Inc. focuses on reducing risks, upholding child rights, and creating an environment that encourages the healthy development and wellbeing of a child. The purpose of this policy is to provide set of policies and procedures for those have responsibility for the protection of children and young people. The facilitators' also discussed and elaborated the 4 types of child abuses:

1. Emotional abuse – any attitude, behavior, or failure to act that interferes with a child's mental health.
2. Physical abuse – resulting from physical aggression
3. Sexual abuse – sexual act between an adult and a child including penetration.
4. Neglect abuse – an act of omission of not doing something

Each child is a precious gift from heaven's above. They should feel the care, security, and love from their families.

Photos from the formation



Learners' insight about Child Protection



Learners' output: Headline on Child Abuse



Group photo: Elementary and Secondary A



Group photo: BLP learners and Secondary B



Anti-Bullying Seminar
(October 25, 2018)



Through its commitment to protect children from harm and create a friendly environment for children, Puso Sa Puso Edukasyon, Inc. conducted an anti-bullying formation last October 25, 2018 at Payatas center. It was facilitated by Dr. Estrella C. Merca, consultant from the Office of the Vice Mayor and Ms. Efifania Ong, President of Values Education Department at Corazon Aquino Elementary School. Its primary aims are: to raise awareness on the signs and effects of bullying, and how to address and intervene on the said incident.

Session started by defining what is bullying, and its scope. Dr. Merca gave us a better understanding on the context of bullying. She also tackled the different forms of bullying such as verbal, physical, and social bullying. On the last part of her talk, she discussed about the intervention that can be done with regards to the cases of bullying.

Learners were engaged in the said activity. They even shared their experiences and how it affects their life as a student when they were enroll in formal school. Participants were empowered and equipped on how to stand up and speak out to stop the bullying incidents.

This formation is indeed invaluable for further enlightened the learners about the different acts of bullying, and how to have a bully-free zone center.

OTHER PHOTOS:



Highlights of the event with the participants and the speakers



Celebrating the 8th year Anniversary of ALSA BUHAY – PAROLA (October 25, 2018)



Last October 25, 2018, Parola center celebrated the 8th year founding anniversary of ALSA BUHAY program with the theme of *“The heart and soul of Success is Prayer and Determination”*. The anniversary was celebrated through thanks giving mass and was held at Nuestra Señora dela Solidad Parish, and initiated by the president of Pusong Sa Pusong edukasyon, Inc. Fr. Artur Chrzanowski, SDS. It was attended by the beneficiaries of ALSA BUHAY program, the learners from Elementary and Secondary levels, and staff from Payatas center and ELDP teachers.

At the beginning of the mass, the attendees watched a short video clip on how the organization started, and what makes the founder of Pusong Sa Pusong decide to put up this organization.

In the homily of Fr. Artur, he acknowledged the contributions of each individual who have been part of the organization's journey. Then he also acknowledges the gifts and talents of the learners of ALSA BUHAY program who has a bright future. He encourages them to strive more and do their duties as student, son/daughter, brother/sister, and as citizen of their community. He makes them realize that they all have the opportunities to make their life better. He even shared his encounter with the old man who barely stand straight but still working hard just to support the needs of his grandchildren. He imparts the message to work hard and do their tasks, grab every opportunity and bring their life to the fullest.

After his sermon, it was followed by the distribution of lunch of the learners who was prepared by the Parola center. The celebration was a quite simple but yet the essence of the communion as one community and the importance of the event were still felt and shared.

Photos:



Fr. Artur and the learners Mass Celebration



Distribution of lunch meal (McDonalds) which is being sponsored by one of the donors of Puso Sa Puso



Monthly Mass – October 2018
(October 26, 2018)



Another month of Eucharistic celebration was held in Payatas at Sagrada Familia Chapel last October 26, 2018. It was attended by the BLP learners, elementary, secondary, and even the previous learners of Payatas.

Fr. Ralph Vera Mestosamente, Parish Priest of San Pedro Calungsod Mission area officiated the mass. In connection to the holy gospel, *"There is one body and one spirit, just as there is one hope to which God has called you. Ephesians 4:4."* Fr. Ralph emphasized three things in life: (1) Know how to SACRIFICE, (2) ENCOURAGEMENT: pursue what you want, continue what you have started, always do your best, and lastly, the most important thing, (3) always PRAY, be thankful whatever bad and good things happen in our lives.

Our path may not always seem easy, but when God calls us to it, there is always hope that He will get us through it.

Photos in the Eucharistic celebration



Homily of Fr. Ralph



Readers in the mass



Puso Sa Puso Joins the National Children's Month (November 5, 2018)



As an institution that advocates and values the right and welfare of children, Puso Sa Puso Edukasyon, Inc. joins the National Children's Month Kick-Off Celebration at Cuneta Astrodome last November 5, 2018. Thousands of children and students from different organizations, cities, and nearby provinces (public and private), parents, and honorable officials attended this year's advocacy of promoting positive parenting.

This 2018 marks the 26th year of the National Children's Month (NCM) annually celebrated every November pursuant to the Republic Act No. 10661 s. 2015, with the Council for the Welfare of Children (CWC), Department of Social Welfare and Development (DSWD), and National Youth Commission (NYC) as the lead agencies

Genuine involvement and presentation were showcased highlighting the endless capacities of children and talents that every parents should nurture. The learners from Puso Sa Puso both in Payatas and Parola had the opportunity in performing their song and dance number in a big stage with huge crowd.

Other highlights of the events are: CWC Executive Director Mitch Cajayon-Uy delivered the State of the Children Address (SOCA), launching of Philippine Plan of Action to End Violence Against Children (PPAEVAC), Symbolic Pledge of Commitment, Launching of the 3rd NPAC, and videos and performances from other groups.

Overall, the event was undeniably successful. The entertainment value, rich information for child rights promotion and protection, and the core, which is the unity from all agencies truly enriched the event.

Photos:



Attendees from Puso Sa Puso including the staff and selected learners



Other participants of the event



One of Puso's learners, Erika, joined in leading and reading the oath for children



. Executive Director Mitch Cajayon-Uy delivering the State of the Children Address (SOCA)



Launching and presentation of 3rd National Plan of Action for Children facilitated by various organization



Performances from different groups including the Payatas and Parola learners



Presentation of Symbolic Pledge of Commitment (signature campaign for the passage of Positive Discipline Bill facilitated by NCM Lead Agencies



Donors and Benefactors visit Payatas and Parola Center

November 06, 2018



God always use people as an instrument to help and share for the needy ones. He never fail to give His blessings for the less fortunate.

Through these people many dreams came true and will come true. Last November 06, 2018 the donors and benefactors of Pusong Sa Pusong visited the Payatas and Parola center namely; Fr. Konrad Wender, SDS Superior of Bad Wurzach, Fr. Heinrich Muehlbauer, SDS School Chaplain in Steinfeld, Ms. Steffi Adam publisher and fund raiser, Mission procurator in Munich, and Mr. Heinrich Latz, former principal of Salvatorian College in Steinfeld, Chairperson of benefactors association. They took photos elsewhere especially the livelihood production of the learners. They also visited some areas in Tondo and took photos. The staff of both centers warmly welcomed them and answered their queries about the program with a smile. They also presented the best practices of Pusong Sa Pusong for them to understand more the program that they are supporting for a long period of years. In return, through their words and actions they were very glad that we, the staff are also part in the mission of Pusong Sa Pusong for the betterment of each learner.

We the staff of Pusong Sa Pusong are humbly and grateful to meet the people who continuously support and unceasingly raise funds for the future benefits of our dear learners.

May our good Lord continue to bless you abundantly!

Visit at Parola center



Road Safety for Children Program Training

November 13-14, 2018



“We must respect the past and mistrust the present if we wish to provide for the safety of the future”

-Joseph Joubert-

Road safety is the prevention and protection of road accidents by using all the road safety measures. It is to secure people while travelling on the roads such as; the pedestrians and the public and private vehicles. Applying and following all safety road measures will lessen the accidents in the road.

The Road Safety Training for children attended by 21 different participants from Non-Government Organization and Government Organization. It was held at Club Intramuros Golf Course. This training spearheaded by the Parola Inter-Agency Network in partnership with Pilipinas Shell Foundation Inc. and International Container Terminal Services Inc. The objective of the training: to prevent road accidents involving children in Parola by forming a Road Safety community who will provide educational road safety program and projects for them. The said training was divided into eight modules: Module 1- Introduction to Road Safety, Module 2- Our Roads, Module 3- Pedestrian Safety, Module 4- Commuter Safety, Module 5- Bicycle Safety, Module 6- General Road Conduct, Module 7- Motorcycle Safety, Module 8- Road Accidents Emergency Procedure.

The two days training ended with various activities for the participants. They generalized the training by giving their insights and time to asked questions. All participants were given certificates, to share their learnings about the said training especially to the learners of Pusong Sa Pusong.

Photos:



The participants in the training



Pilipinas Shell Foundation Inc. Demonstrated of Road Safety using bicycle.



Group Presentation of Road Safety Modules for the Communities of Parola Tondo, Manila



Educational tour of Eskwelahan ng Buhay kids

November 14, 2018



Field trips are extra-curricular and fun-learning activity. It is the time where our students are temporarily away from school activities and chance to discover the outside world.

Eskwelahan ng Buhay kids had their field trip at Manila Zoo last November 14, 2018, as part of their extra-curricular activity under Pusong Buhay Edukasyon Inc. It was made possible through the joint forces of the brothers from Missionary Community of Saint Paul the Apostle (MCSPA), Pusong Buhay staff, and as well as our active parent leaders from Gate 1 Parola Compound, Tondo Manila.

It was conducted for an important purpose: To allow our students to be temporarily away from their daily studies in order to refresh, discover, and feel the world through fun-education learning as their early ages 4 to 6. The lessons learned from school are basically about writing, counting, and reading literacy. We organized an extra-curricular activity for the kids to engage themselves from the outside world or to discover something beyond the books. The experience introduced from outside of their comfort zone and enjoyed the unusual moments, as they are enjoying while learning.

As part of the activity, the children did not only enjoy, they also received free meals, snacks and chocolates while roaming around the area. But most importantly, the activity is the continuous strengthening of our bond as Pusong Buhay family.



This was taken in front of Manila Zoo, the kids together with Mrs. Lucita Lachica, Livelihood coordinator



The kids together with Bro. Victor of MCSPA



Random photos at Manila Zoo



Children's Day Celebration at Barangay Loyola Heights November 17, 2018



Children are precious gift given by God. They are the sources of happiness for their family. They are the future professionals on earth. Every November of each year is a National Children's day celebration, to promote an international togetherness and awareness among children worldwide.

The barangay Loyola Heights of Quezon City conducted a children's day celebration last November 17, 2018 at Barangay Loyola covered court. It was attended by 1000 kids and facilitated by the barangay officials in the said area. The officials of the said barangay prepared a lots of activities for the children. Different activities were set for the children to enjoy and have fun on that day. They also had booth for ice cream, cotton candies, and many more for free for the children. The children boost their excitement more when they saw the mascot of Mcdonald, they took photos and selfies. Puso Sa Puso staff were also invited to facilitate a game for them. Different games were prepared relay and group games and lots of prizes for the children. Mr. Darren Ilarina with his specials skills being an emcee on that day also added a joyful day to the children.

The event ended with a lot of merry-making and surprises for the 1000 children.

Photos from the Children's Day Celebration



Group photo with the kids



Orientation with the kids headed by Mr Darren Ilarina



Group games: yellow team – calamansi relay, blue team – paper relay and green team – musical chair



Eucharistic Celebration for the Month of November

November 22, 2018



"If only today you knew the ways of peace."

Last November 22, 2018, Parola center held their monthly mass at Nuestra Senora dela Solidad Parish, Camba Binondo Manila. It was initiated by Fr. Francis Teo of Missionary of Charity of St. Paul the Apostle (MCSPA). The mass was attended by combined number of BLP, Secondary and Elementary ALSA BUHAY learners and parents of Mother and Child Health and Nutrition Program (MCHNP).

Fr. Francis reflects on Gospel by encouraging learners to be aware in everything happens in their lives. "Jesus comes every day in our life, are we able to see it? Have we accepted Jesus or we just let Him passed us? You are given this opportunity to continue your education, are you going to pursue your study or are you going to stop once again and let this opportunity to pass? You are always given the chance to help each other, but have you maximize that opportunity to share yourselves? Were you able to share yourselves to other? Were you able to become the instruments of God's love with each other? If not, please don't miss the next opportunity that will come to your life. Please be a disciple of Christ who's always willing to sacrifice for others." Fr. Francis Shares.

As the mass ends, most of the attendees shares with the holy Eucharist and partake the body and blood of Christ.

Photos:



The attendees in the Eucharistic celebrations



An Evaluation visit of Misean Cara and SOFIA

November 27, 2018



SOFIA means Salvatorian Office For International Aid, it is an international agency for the aid and development work of the Salvatorians to promote the common good of people through different activities.

Misean Cara is an international and Irish faith-based missionary movement working with some of the most marginalized and vulnerable communities in developing countries.

These two faith-based organizations helping Pusong Buhay for a long period of years through raising funds and sponsoring the studies of our learners. They visited Payatas and Parola center and conducted an evaluation interview for the program of Pusong Buhay. Ms. Daniela Coppola, representative of SOFIA and Mr. Michael Osei Nkrumah, representative of Misean Cara, conducted an interview for those who continuously receiving benefits from Pusong Buhay. They also interviewed partners agency who are also supporting Pusong Buhay. They asked questions to those mothers who are beneficiary of milk and livelihood program, previous and current learners, scholars, and even the staff. The interview went smoothly. It was like sharing stories the moment when they started and encountered Pusong Buhay in their lives.

We, the staff of Pusong Buhay are indeed very grateful to Misean Cara, SOFIA, and other partnered organizations, who are untiringly helping Pusong Buhay Edukasyon, Inc. and its program for the benefits of our learners.

*"May the Lord bless you and protect you.
May the Lord smile on you and be gracious to you.
May the Lord show you His favor and give you His peace.
-numbers 6:24*

Photos from the evaluation visit



Group photo with partner agencies



Group interview with the partner agencies, scholars, previous and current learners



Group photo of the staff together with Mr Michael from Misedan Cara



Soap Making: A Skills training under Livelihood Program

November 29, 2018



Last November 29, 2018 selected learners and parents of ALSA BUHAY underwent skills training under livelihood program. The said skills training was spearheaded by the livelihood cluster of Parola Inter-Agency Network (PIAN) and funded by the International Container Terminal Service Inc. (ICTSI). It was held at Brgy.275 Multipurpose hall and was facilitated by Ms. Mary Rose Rivera of ULTIMA Entrepinoy forum center. The activity started with an opening prayer and giving of module. The participants were taught 3 home care products namely; Dishwashing liquid, Fabric conditioner, and Detergent powder.

The facilitator discussed first all the raw materials of each product. She demonstrated first how to do the product and let the participants do the processing of raw materials until in the packaging. Ms. Rose, the facilitator was very happy for the active participation of each participants and in return, she gave bonus training in perfume making.

The last part of the training was the culminating activity wherein all participants received a certificate of participation.

Photos in the Skills Training



Mixing of raw materials

transferring of finish product



Receiving of Certificate of Appreciation



Raw materials