

Puso Sa Puso Edukasyon, Inc.

1st Quarter Newsletter

JANUARY - MARCH 2022 - ISSUE NO. 27



**WOMEN'S MONTH 2022:
WE MAKE CHANGE.
WORK FOR WOMEN.**



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Contributors:

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Christine Maceda, Lucita Lachica, Errol Rodel





Orientation Day and Affectivity Seminar

February 12-13, 2022



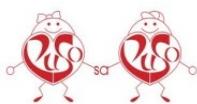
Puso Sa Puso Edukasyon Inc. scholars in partnership with Enfants Du Mekong was invited for a two-day seminar facilitated by Enfants Du Mekong. Parola scholars were able to join and represent the institution. They were excited and ready to meet their co-scholars from other programs of EDM.

Over 120 Enfants Du Mekong scholars out of several sponsorship programs in Manila convened for a training seminar. Saturday was devoted to professional orientation, with the goal of assisting scholars in selecting the appropriate courses of study for their unique profiles. Several alumni were able to share their journeys and experiences along the way of their chosen path.

On Sunday morning, the scholars had the opportunity to discuss and debate issues concerning sexuality and the difficulties associated with early pregnancy in the Philippines. Scholars reflected on what they learned during the course of the two-day seminar. After a while, it was good to finally gather the scholars and see all of them having a wonderful experience together!

Inside Photos:





Home Visitation 2022

February 15, 2022



Puso Sa Puso Edukasyon, Inc. at Payatas center conducted a Home Visitation to some learners who are inactive for a month and at the same time an opportunity to do community mapping for new enrollees. Since the pandemic affects everyone even in the educational sector, the new set-up of learning intervention nowadays is different from what these learners used to have before.

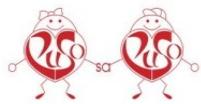
The Payatas staff went to their house and gave some words of encouragement to be back on track again. The Home Visitation aims to encourage, enlighten, and give hope to these inactive learners amidst the pandemic educational system. Everyone is facing a tough times in learning -- online classes at home, module distribution at school, these learners learned independently at their own pace and environment which are new to them. Sooner, face to face classes will begin in a new normal set-up.

Home Visitation is a good way to know the current status and situation of the Puso learners. Good enough, some visited learners came back and eager to pursue what they have started.

Inside Photos:







Kumustahan Activity

February 16, 2022



On February 16, 2022, the Puso staff at Payatas Center facilitated a pilot face-to-face activity, a Kumustahan activity with the current 8th batch learners. It was restricted and in limited number of participants based on IATF guidelines. This is an activity that will boost their self-confidence, familiarity with the center and to their classmates, and to feel at ease to their new environment.

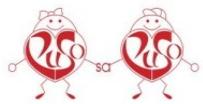
The session began with a short prayer led by one of the Instructional Managers, Mr. Edwin Guevarra, and followed by a warmed welcome to the dearest learners. This was an opportunity also to meet and greet the face of Payatas staff. On the other side, the learners were able to present themselves confidently by confronting their co-learners and writing their initial impressions to one another.

The goal of this activity is to know more about them and their present situation amidst pandemic. The concept of the activity was patterned from a FACEBOOK, a social media site which everyone is familiar and used to it. This activity was a starting point to the current batch of ALSA-BUHAY learners at Payatas to participate actively in the series of formations.

The program concluded with a word of encouragement and spiritual takeaways from Sr. Frances Mangabat, SDS, Payatas Supervisor, followed by a closing prayer led by Jennifer Basconcillo, a social worker.

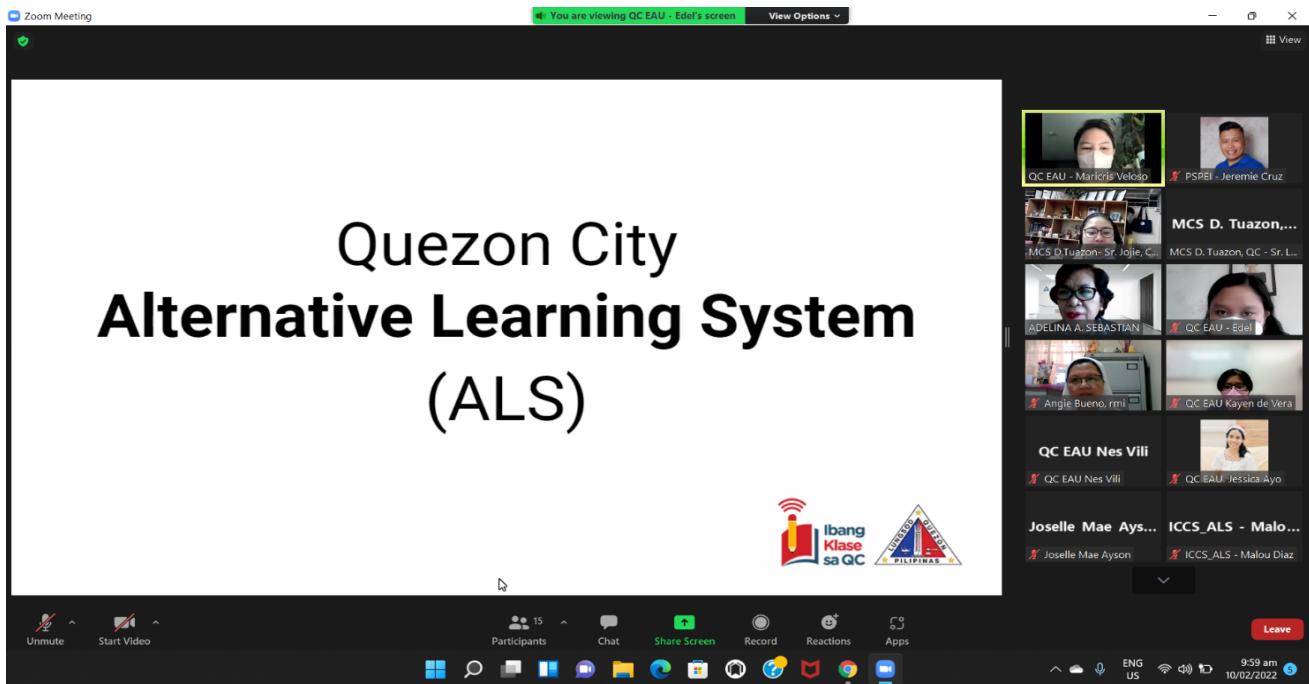
Inside Photos:





Virtual Meeting with Quezon City Local Government

February 20, 2022

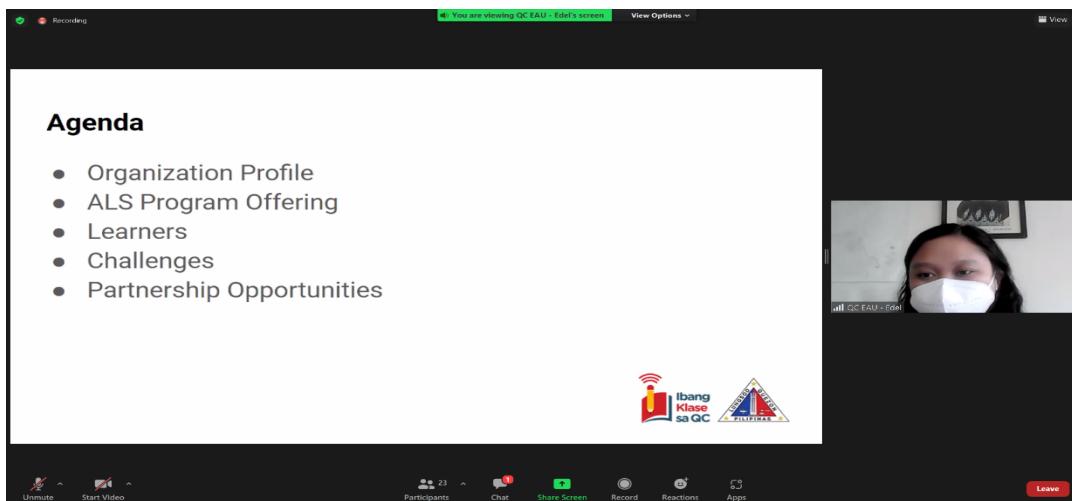


The Quezon City Government emphasizes the importance of education at all levels and contexts. The Quezon City Government, in coordination with the Schools Division Office of Quezon City, continues to support its ALS providers through the provision of learning resources for different learning delivery and modality with the vision of a strengthened and inclusive ALS in the City.

In line with this, an online meeting took place last February 10, 2022 at 10:00 AM via Zoom app. Ms. Edelweiss G. Villa de Gracia, RPm, LPT, Lead, Special Project of QC Education Affairs Unit of the Office of the City Mayor spearheaded the discussion. Attended mostly by Non-Government Organizations – ALS implementers, they discussed organization's role as an ALS provider in the community. In response to these roles and needs, the QC local government communicated their plans and further support strengthening these services.

The Puso Sa Puso staff and administrators were present and engaged in this partnership. Ms. Ma. Rika Estabillo, LPT, Instructional Manager in Payatas presented the best practices of the organization. Pertinent data are also part of the presentation. In addition, representatives from other organizations shared these similar information to everyone.

Inside Photos:



Agenda of the meeting presented by Ms. Edelweiss

A screenshot of a Zoom meeting interface. The top bar shows 'Zoom Meeting' and 'Recording'. The main content area displays a table titled '[Puso Sa Puso Edukasyon, Inc]' with the following details:

ALS Programs Offered	BLP, A&E Elementary, and A&E Junior High School
No. of Learners (2021)	50
Learner age group	10 - 43
Learners education background	Elementary and Junior High School undergraduate from formal school
Form of Sourcing/Recruitment of Learners	posting online, dissemination of information thru the previous batch
No. of Teachers	12 (Payatas Center – 3) (Parola Center – 3)
Learning Modality	Blended learning (Modular and Online)
ALS Graduates Pathway	Some are enrolled in SHS and most graduates are currently working
Fees (if any)	No fees
LGU support received (if any)	None

Below the table, there is a list of participants (23) with their names and profile icons. The bottom of the screen shows standard Zoom controls and a video feed of a participant with glasses.

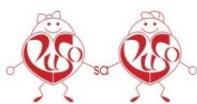
Ms. Rika sharing inputs of the organization

A screenshot of a Zoom meeting interface. The top bar shows 'Zoom Meeting' and 'Recording'. The main content area displays a table titled '[Puso Sa Puso Edukasyon, Inc]' with the following sections:

Future plans and goals	*more passers and enrollees in Senior High School level *More enrollees in the ALS organization *to strengthen livelihood program *more scholarship offers for the deserving passers
LGU Partnership suggestions	*to support the NGOs ALS program *to tie up and help the NGOs *Resource speakers (formations) *Referrals for those learners with psychological challenges and victims of abuse *reproductions of modules *Documentary Assistance

Below the table, there is a video feed of a participant wearing a mask. The bottom of the screen shows standard Zoom controls and a video feed of a participant with glasses.

Sr. Frances sharing the future plans and goals of the organization



5th Anniversary: Parola Inter-Agency Network
March 10, 2022



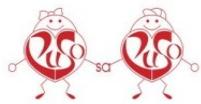
Parola Inter-Agency Network celebrated its fifth anniversary with the theme "Champions of Sustainability". It was organized by the Sustainability and Development Unit of International Container Terminal Services, Inc. (ICTSI) at Bayleaf Hotel Intramuros, Manila. It was also its 5th year of a partnership with Puso Sa Puso as one of the pioneers of PIAN. The other member organizations also attended to witness the achievements and future plans.

The said event was led by Mr. Rosauro Luntayao, Mr. Cleo Angelo Guevarra, and Ms. Cyrah Albat. They discussed the goals of promoting change and development for the benefit of the Parola community. Another aspect, they also discussed the process of how the organization granted for the project or activity in the community. Each cluster -- Education, Health, and livelihood shared their accomplishment report and future plans for the year 2022.

The event ended with a wood clock giveaway in commemoration of its fifth anniversary.

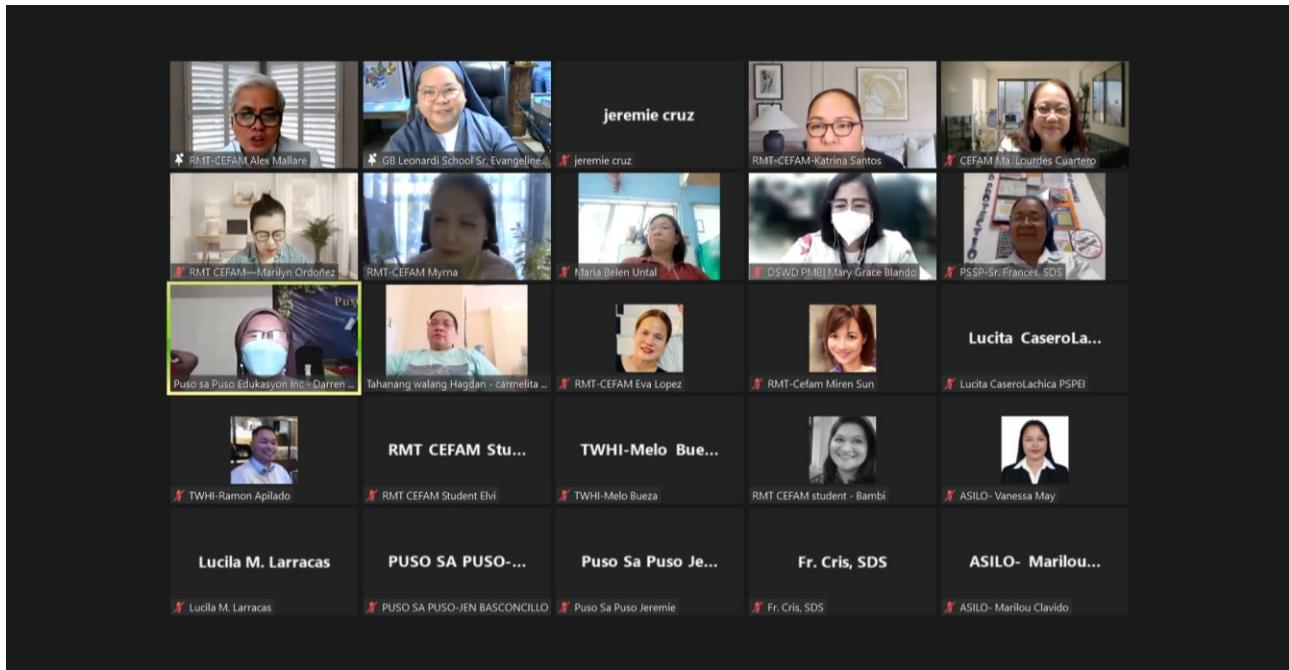
Inside Photos:





Nurturing the Heart of Service during Pandemic

March 14, 2022



“Despite difficulties, always keep optimistic. ‘I can overcome these difficulties.

That mental attitude itself will bring inner strength and self-confidence.”

By DALAI LAMA

Since pandemic, the annual meeting organized by RMT-CeFam was postponed and stopped for two years. As the country slowly embracing the new normal set-up, meeting happens via online platform. Once again, Puso Sa Puso staff was invited and joined in CeFam's get together via zoom. All NGO's partners were invited and blissful to see each other on the screen.

The session started with a prayer followed by group activity of different NGOs. A Kumustahan of participants' highlights in their past two years were also shared. The second part of the session was entitled “Nurturing the Heart of Service during Pandemic” and facilitated by Ms. Marilyn D. Ordonez, RMT-CeFam pastoral councilor. She discussed the emotional, social, and spiritual aspect of an individual and their well-being as a resilient one amidst pandemic.

The session ended with a brightful mind and soul as everyone needs a mental health break and a session. Everyone signed off with a smile. ☺

Inside Photos:

The image shows two side-by-side Zoom meeting windows. Both windows display a presentation slide titled "I. Impact of Covid-19". The left slide includes a logo for "COVID-19" and "ZURICH". It contains four circular icons with text: "Early lockdown studies found that up to 45% of adults felt adverse effects on mental health.", "up to 37% showed signs of psychological distress and up to 70% felt this period was the most stressful of their careers.", and a source citation: "Source: COVID-19 Risk Outlook 2020: A Preliminary Mapping and Its Implications". The right slide shows a different version of the same slide with different statistics: "64% I am fearful for my own health.", "82% I am fearful for the health of others.", "64% I am worried about the impact on my personal job security.", and "88% I am worried about the impact on the economy." Both slides have a "Personal" and "Societal" category at the bottom. The Zoom interface at the bottom shows 22 participants, a video camera icon, and other meeting controls.

The image shows a Zoom meeting window with a presentation slide titled "II. Facing Challenges". The slide features a large yellow diamond-shaped sign with the text "CHALLENGES AHEAD" in bold capital letters. To the right of the sign, there is a video feed of a person with glasses. Below the sign, there are three sub-sections: "a. Resilience", "b. Heart of a Servant", and "c. Self-Care". The Zoom interface at the bottom shows 22 participants, a video camera icon, and other meeting controls.

The image shows two side-by-side Zoom meeting windows. The left window displays a slide titled "Resilience" with a modern definition of resilience: "ADVANCING DESPITE ADVERSITY" and "BE PROACTIVE - DON'T WAIT FOR ADVERSITY". The right window displays a slide titled "3 Common Traits of Resilient People" with a cartoon character standing on a base of colorful roots. The traits listed are "Sense of Purpose", "Acceptance of Reality", and "Flexible Thinking". Both slides have video feeds of a person with glasses on the right. The Zoom interface at the bottom shows 22 participants, a video camera icon, and other meeting controls.

You are viewing RMT CEFAM—Marilyn Ordóñez's screen View Options

b.

What is a servant?

A person who meets the needs of others.

Press ESC or double-click to exit full screen mode

Servant Song

Unmute Start Video Participants Chat Share Screen Record Reactions View Options Leave

Zoom Meeting

You are viewing RMT CEFAM—Marilyn Ordóñez's screen

RMT CEFAM—Marilyn Ordóñez

You are viewing RMT CEFAM—Marilyn Ordóñez's screen View Options

MOTHER TERESA'S FEET

When loads of donations of shoes and sandals come in, Mother Teresa chooses the worst substandard shoes for herself, so she can give the best shoes to others.

Unmute Start Video Participants Chat Share Screen Record Reactions View Options Leave

Zoom Meeting

31°C Cloudy

ENG US 11:08 am 15/03/2022

RMT CEFAM—Marilyn Ordóñez

You are viewing RMT CEFAM—Marilyn Ordóñez's screen View Options

Servant Leaders

- **S**elfless - putting the needs of others before yourself
- **E**mpathetic - To feel as another feels.
- **R**esolute - to be bold, determined, and unwavering in the mission.
- **V**irtuous - having high moral code, being upright and just.
- **A**uthentic - Transparent, genuine and sincere with no pretensions or duplicity.
- **N**eedful -open-minded to accept solutions.
- **T**horough - complete with regard to every detail; not superficial or partial.

Unmute Start Video Participants Chat Share Screen Record Reactions View Options Leave

Zoom Meeting

31°C Cloudy

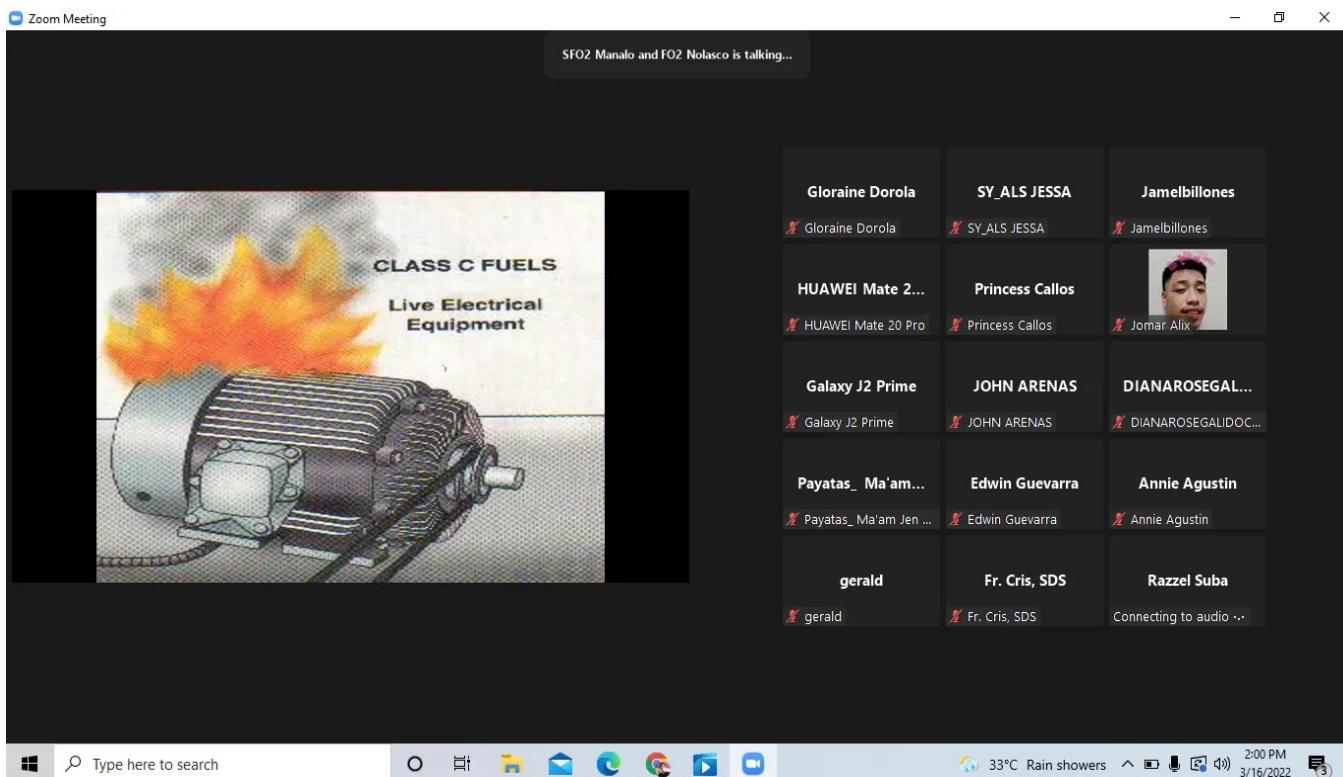
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RMT CEFAM—Marilyn Ordóñez



Fire Prevention Month

March 16, 2022

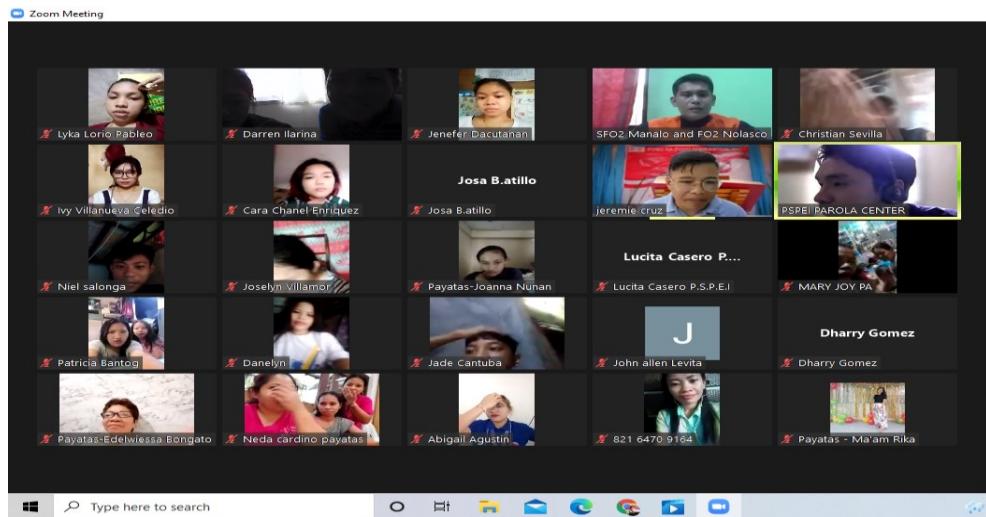
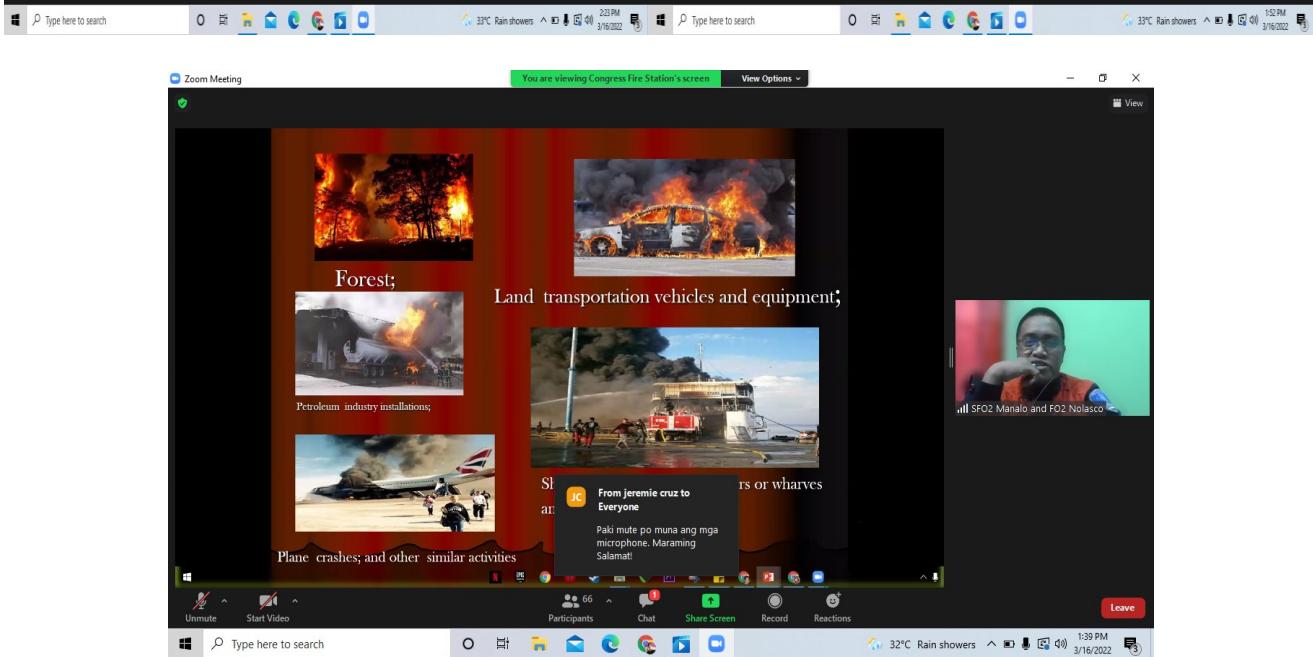


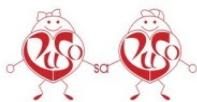
The organization never gets tired of serving and providing learnings that help the beneficiaries in their everyday living. Last, March 16, 2022, Puso Sa Puso Edukasyon, Inc., held a webinar on Fire Prevention Awareness via Zoom, as the dry season felt in the first quarter of the year in the Philippines.

The said activity was spearheaded by F02 Romer L. Nolasco Jr, and SF02 Manolito L. Manalo whom were supervised by their Officer-In-Charge SF04 Sergio Q. Montejo Jr. Annually, everyone was reminded to be cautious during the hot and dry season which often the country experiences a fire disaster, particularly around the slum area in Payatas and in Parola community.

Through this seminar, Puso Sa Puso believed that the beneficiaries were enlightened and equipped with knowledge on how they will save everyone's lives in case of fire and to avoid creating fire.

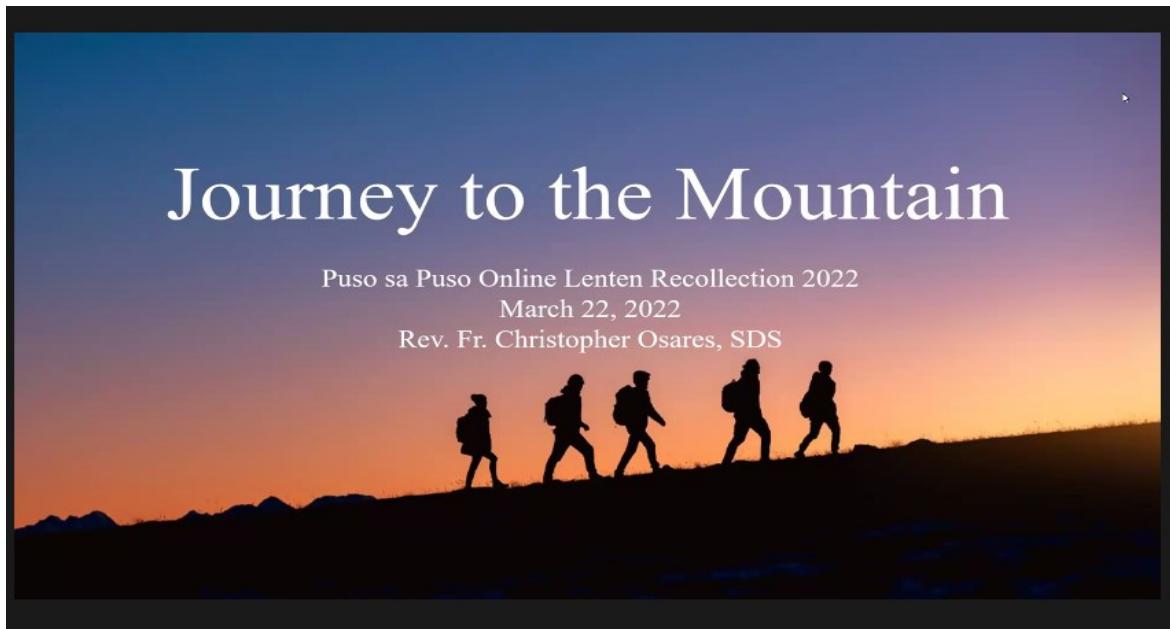
Inside Photos:





**Journey to the Mountain:
A Lenten Recollection Special and Mass**

March 22, 2022



"In our Lenten journey towards Easter, Let us remember the One who humbled Himself and became obedient unto death, even dath on a cross."

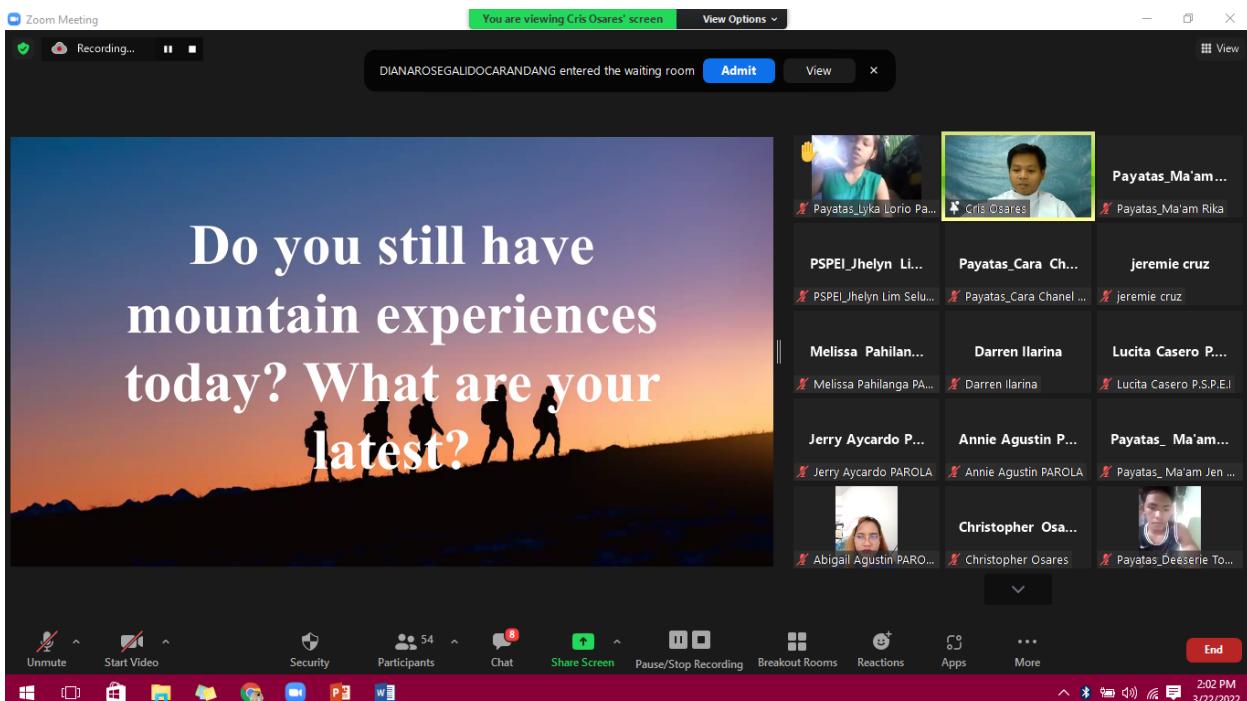
-Pope francis

The season of Lent is just around the corner. The Lenten season is a time for reflection, evaluation, and repentance. Lent calls everyone to a personal conversion and renewal—to a recommitted life in Christ. Puso Sa Puso Edukasyon, Inc. held a Lenten Recollection special to its learners both in Payatas and Parola Centers and followed by a Eucharistic Celebration. The said activities were spearheaded by Puso Assistant Director, Fr. Christopher Osares, SDS via zoom.

Everyone has his/her own pieces of baggages climbing up to the summit of their dreams and hopes, these baggages of challenges will become their fruit of labor as they continue climbing up. In life, everyone needs to leave some pieces of baggages as they continue to move forward and bring only those necessities for their dreams and hopes. Fr. Chris, related to a life experiences the journey of Peter, James, and John as they climbed up to the mountain. The learners were grouped into nine and answered three questions: What are the things they will leave and bring as they climb to the mountain? What are they going to ask or say to Jesus when they reach the summit? What do they think Jesus want them to do or treasure? The Puso staff facilitated the groupings activity.

After the Lenten Recollection special, a Mass Celebration was followed and everyone partook and shared the Lord's blessings.

Inside Photos:

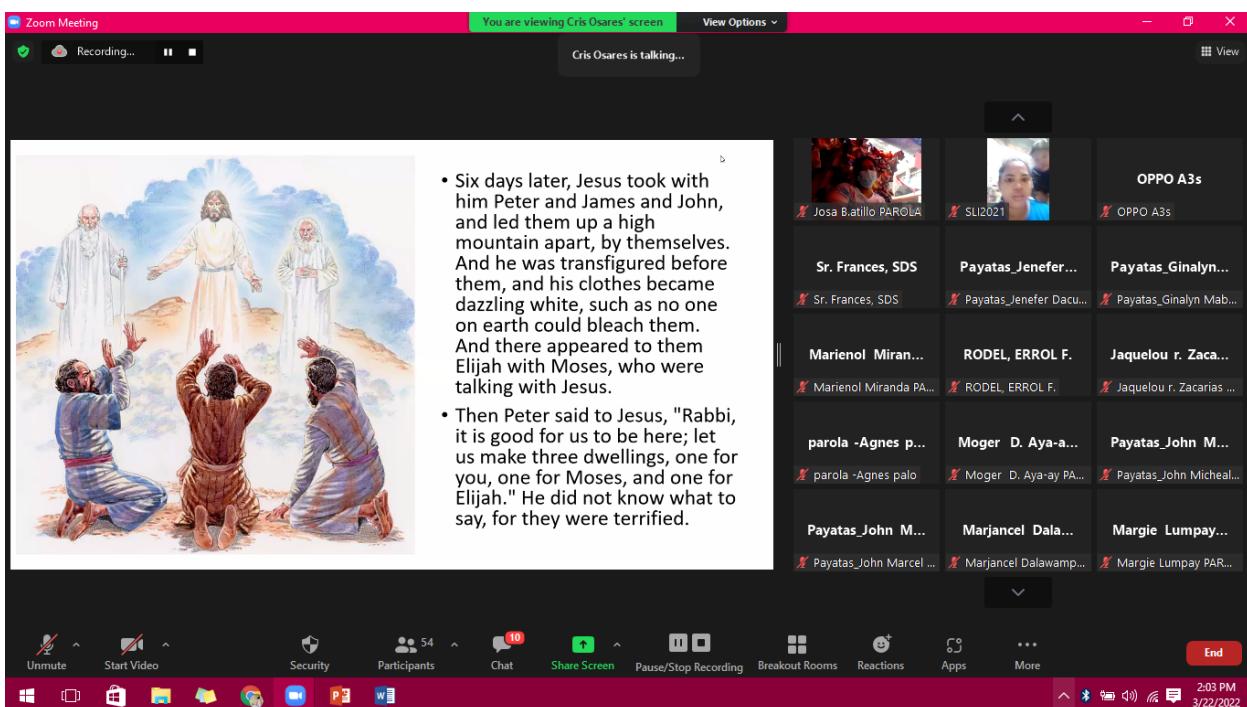


Do you still have mountain experiences today? What are your latest?

Participants list:

- Payatas_Lyka Lorio Pa...
- Cris Osares
- Payatas_Ma'am...
- Payatas_Ma'am Rika
- PSPEI_Jhelyn Li...
- Payatas_Cara Ch...
- jeremie cruz
- Melissa Pahilan...
- Darren Ilarina
- Lucita Casero P...
- Jerry Aycardo P...
- Annie Agustin P...
- Payatas_ Ma'am...
- Jerry Aycardo PAROLA
- Annie Agustin PAROLA
- Payatas_Ma'am Jen ...
- Christopher Osa...
- Abigail Agustin PARO...
- Christopher Osares
- Payatas_Désérie To...

Meeting controls: Unmute, Start Video, Security, Participants (54), Chat, Share Screen, Pause/Stop Recording, Breakout Rooms, Reactions, Apps, More, End. Date: 3/22/2022, 2:02 PM.



Transfiguration of Jesus

- Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus.
- Then Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah." He did not know what to say, for they were terrified.

Participants list:

- Josa B. atillo PAROLA
- SLI2021
- OPPO A3s
- Sr. Frances, SDS
- Payatas_Jenefer...
- Payatas_Ginalyn...
- Marienol Miran...
- RODEL, ERROL F.
- Jaquelou r. Zaca...
- parola -Agnes p...
- Moger D. Aya-a...
- Payatas_John M...
- Payatas_John M...
- Marjancel Dala...
- Margie Lumpay...
- Payatas_John Marcel ...
- Marjancel Dalawamp...
- Margie Lumpay PAR...

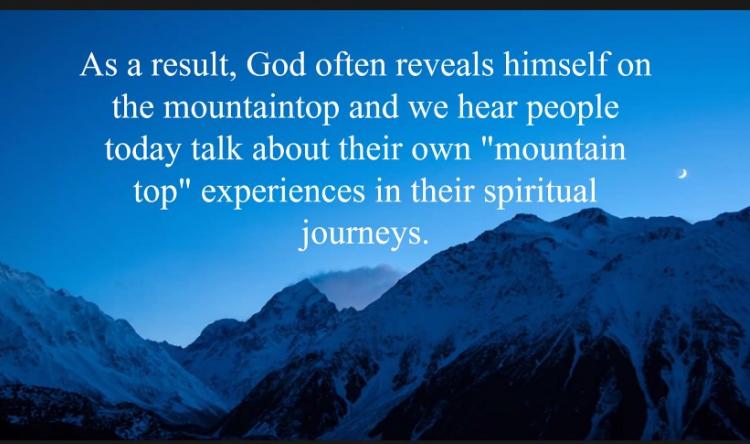
Meeting controls: Unmute, Start Video, Security, Participants (54), Chat (10), Share Screen, Pause/Stop Recording, Breakout Rooms, Reactions, Apps, More, End. Date: 3/22/2022, 2:03 PM.

Zoom Meeting You are viewing Cris Osares' screen View Options Cris Osares is talking... View



Joselyn Villamor... John allen Levit... Payatas_Erica C...
Joselyn Villamor PAR... John allen Levita PAR... Payatas_Erica Cuartero
Prenciss Rama P... Payatas_Jhayra... Payatas_Rona R...
Prenciss Rama PAROLA Payatas_Jhayra Enriq... Payatas_Rona R Man...
Edwin Guevarra Allan metran PA... Rudelyn Adajar...
Edwin Guevarra Connecting to audio... Rudelyn Adajar PARO...
payatas-Renaly... John Loyd agust... Jamelbillones P...
payatas-Renaly Bacu... John Loyd agustin PARO... Jamelbillones PAROLA
Payatas_Neda c... Payatas_Jessa Payatas_Ivy Villa...
Payatas_Neda cardino Payatas_Jessa Payatas_Ivy Villanueva...
Unmute Start Video Security Participants Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions Apps More End 2:03 PM 3/22/2022

Zoom Meeting You are viewing Cris Osares' screen View Options Cris Osares is talking... View



Payatas_Ma'am... Payatas_Ma'am Rika Payatas_Lyka Lorio Pa...
Cris Osares Payatas_Ma'am Rika Payatas_Lyka Lorio Pa...
Payatas_Cara Ch... jeremie cruz
PAYATAS Patricia Bant... Payatas_Cara Chanel ... jeremie cruz
Melissa Pahilan... Darren Ilarina Lucita Casero P...
Melissa Pahilanga PA... Darren Ilarina Lucita Casero P.S.P.E.I.
Jerry Aycardo P... Annie Agustin P... Payatas_ Ma'am...
Jerry Aycardo PAROLA Annie Agustin PAROLA Payatas_ Ma'am Jen...
DIANAROSEGAL... Christopher Osa... Payatas_ Deeserie To...
DIANAROSEGALIDOC... Christopher Osares Payatas_ Deeserie To...
Unmute Start Video Security Participants Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions Apps More End 2:10 PM 3/22/2022

Zoom Meeting You are viewing Cris Osares' screen View Options

MOUNTAIN TOP

ASCENDING DESCENDING

Participants: Cris Osares, Payatas_Ma'am..., Payatas_Ma'am Rika, Payatas_Lyka Lorio Pa..., Payatas_Cara Ch..., jeremie cruz, Melissa Pahilan..., Darren Ilarina, Lucita Casero P..., Jerry Ayacard P..., Annie Agustin P..., Payatas_Ma'am..., DIANAROSEGAL..., Christopher Osa..., Payatas_Deserie..., Payatas_Edelwiessa B...

Unmute Start Video Security Participants Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions Apps More End 2:13 PM 3/22/2022

Zoom Meeting You are viewing Cris Osares' screen View Options

The journey to the mountain is like a journey to Christ. The 3 disciples must have a good experience together with Jesus on the mountain. From ascending, to the peak, and the descending part.

Participants: Cris Osares, Payatas_Ma'am..., Payatas_Ma'am Rika, Payatas_Lyka Lorio Pa..., Payatas_Cara Ch..., jeremie cruz, Melissa Pahilan..., Darren Ilarina, Lucita Casero P..., Jerry Ayacard P..., Annie Agustin P..., Payatas_Ma'am..., DIANAROSEGAL..., Christopher Osa..., Payatas_Deserie..., Payatas_Edelwiessa B...

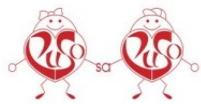
Unmute Start Video Security Participants Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions Apps More End 2:13 PM 3/22/2022

Zoom Meeting You are viewing Cris Osares' screen View Options

The journey to the mountain of faith does not make for an easy life, but it is rewarding. Jesus guides along the journey. As we follow him, sometimes we don't understand why He leads us in certain paths.

Participants: Cris Osares

Unmute Start Video Security Participants Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions Apps More End 4:03 PM 3/22/2022



Women's Rights Awareness Session

March 23, 2022



Payatas learners and Puso Sa Puso staff were invited and attended the Women's Rights Awareness Session in honor of Women's Month Celebration at Quezon City Protection Center. The session included the discussions on the QCPC's services and advocacies, as well as laws relevant to women's safety.

Ms. Joceline Basconcillo, RSW was one of the activity's facilitators, as she discussed the laws suitable to the rights of every woman and LGBTQIA+ community. The QCPC staff were able to explain their function and support in the lives of every Quezon City resident. The fundamental policies dealing with women's protection were introduced and discussed with the assistance of a VAWC consultant and other QCPC professionals.

The learners showed their active engagement and participation in the activity by paying close attention to the learnings that they will bring back home. They will use their voice and learnings to their community by sharing with their family, friends, and neighbors. In the last part, an open forum and sharing initiated to the learners. The learners were given a bag of food and hygiene kit and additional learnings to the said session.

Inside Photos:



