



Puso Sa Puso Edukasyon, Inc.

NEWSLETTER

JULY – SEPTEMBER 2017. Issue No. 13

Making Changes: Youth got the power!

August 12, 2012 – the date that brought changes in the community of Payatas providing free education through Alternative Learning System and other underpinning programs.

On its 5th year, the mission continues to touch lives of the needy.

5TH YEAR ANNIVERSARY

PAYATAS



SOURCE:
ALSA BUHAY Payatas files



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Basic Home-Based Education Program: Every Ending has a New Beginning

Moving-Up Program for Payatas Children (June 10, 2017)



On Saturday 10th of June 2017 was the graduation day for the students of Teacher Meike and Teacher Simone. The place of graduation was at La Mesa Eco Park in Quezon City and it was mainly organized by Teacher Meike and Teacher Simone with the help of Ma'am Celine and the learners and staff from ALSA BUHAY Payatas. The event was attended by 24 students, around 20 parents, 10 learners, staff and the international Teachers - Meike, Simone and Raphael.

Departure time was 7:30 am at Sagrada Familia, the staff and the learners waited for the children and their parents to go by jeepney to Eco Park. The event started around 8 am with the opening prayer from Sir Edwin followed from the Opening remarks of Teacher Simone.

After that, the children and their parents had a guided Eco Park Tour for half an hour. Following that activity, the Art Workshop program started. Every child had two tshirts to paint on it. For the 3 best T-shirts the staff of Eco Park had a small prize. Ma'am Celine, Teacher Simone and Teacher Meike decided who will be the winners.

Around 11:00 am the children took their lunch. A delicious meal was served to all that really enjoyed by the children.

After the lunch, the graduation started. First the children got their certificates, their portfolios and their gifts. We presented them school supplies, slippers and some playing stuff. Teacher Meike and Teacher Simone prepared also a video presentation for children and parents with thank you messages. Two parents also shared their gratitude towards the two international teacher, the program, and the institution.

The program ended after a group picture with all the students.



Some of the highlights of the 4th Moving Up Ceremony for Basic Home-based Tutorial Program

Orientation Day for New Basic Home-based Beneficiaries (July 4, 2017)

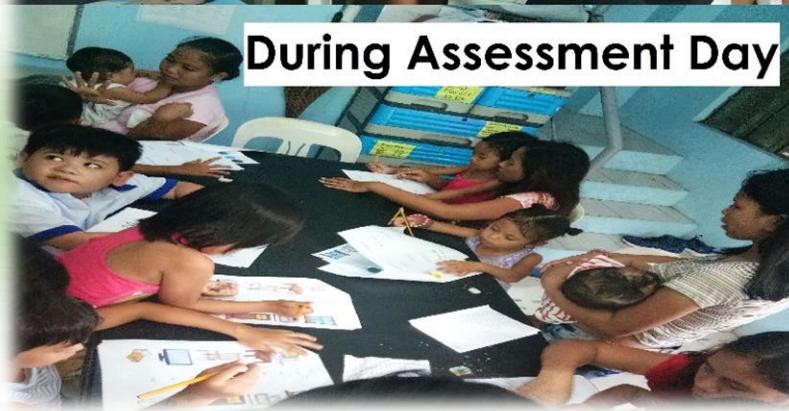


In the last month of June, Social worker together with the previous International Teachers named Simone and Meike and the new teacher named Piotr conducted area mapping. The purpose of the said activity is to look for possible beneficiaries under Basic Home-Based Education Program. We went to different streets within the vicinity of Payatas ALS Center. We even visited the previous students of Meike and Simone.

The qualifications of age under the said program is from 4-5 years old. Upon enrolment, we asked them to filled in the intake form of Puso Sa Puso, and submit the photo of the enrollee. On the 29th of June, we conducted assessment test to the newly enrolled beneficiaries in Basic Home-Based Education Program. Its purpose is to know the learning capacity of each children. Some parents and Puso scholars assisted the enrollees in the said activity.

On the 4th of July, Social worker with the new International teacher, Piotr Kies from Poland conducted Orientation to the parents of the new kids enrolled in Basic Home-Based Education Program. We introduced them the brief history of Puso, its programs of, the clientele we served, and the new International teachers. We also informed them about the benefits that their children will get in the said program, as well as their responsibilities towards their children and the institution. Parents were all excited to see their children learning new things with the help of their International teachers.

Other photos:



Livelihood Program Activity for July 2017

(July 4 and 7, 2017)



Last July 4 and 7, 2017, 4th batch and 6th batch learners of elementary and secondary level of ALSA-BUHAY Program both in Payatas and Parola respectively undergone skills training on perfume making. The activity started with the opening prayer led by one of the learners, After that, Mrs. Lucita Lachica, Livelihood Program Coordinator then introduced the materials needed and its formulation in making perfume with the scent of "Katy Perry". Learners enjoyed this activity because they were given hands-on experience and new learning to earn additional income for themselves.



Payatas and Parola learners doing the actual mixing and measuring of formulation of perfume



Learners' Formation: "I am a Steward"
(July 14 and 21, 2017)



Steward identifies God as owner and man as manager. God makes man as His co-worker in administering all aspects of our life. It is a way of life.

The staff of Payatas Center, together with Sr. Frances Mangabat, SDS facilitated the learners' formation entitled "I am a steward". The said formation was attended by the advisory class of Mr. Jeremie Cruz, RN, LPT on the first session and Ms. Ma. Rika Estabillo, LPT on the succeeding session.

The said formation's objective were:

- To bring the learners' into a deeper understanding of their identity as an individual and as a member of a community.
- To help them discover the God given gifts and talents.
- To lead them to the practice of good stewardship.
- To teach them the virtues of trust, generosity, and gratitude to the source of who they are, what they have, and what will be in the future.

The learners' were divided into four groups and each group were given guide questions to answer. Their answer are to be shared among members. In addition, each group will create a symbolism and to be presented via reporting to the class.

Sr. Frances concluded the formation by synthesizing that being a steward, we are not the owner of our lives and we are being assigned to manage the gifts that are given to us according to our Creator's plans not our wants. We should receive God's gifts gratefully and cultivate it responsibly. We should learn how to share those gifts generously with love and justice to others. Lastly, give back those gifts praisingly to our Lord God.

"Ako ay isang mabuting katiwala ng Diyos"

"For we are God's fellow workers; you are God's field, God's building" (1 Corinthians 3:9).



Group sharing, reporting, and presentation of symbolism for each group



Photos above: Sr. Frances synthesizing the formation(left); learners singing the closing song – “If We Hold On Together”
 Photos below: Group photo of the advisory class of Sir Jeremie and Ms. Ma. Rika

De La Salle Students Learning Service
(JULY 15, 2017)



Another meaningful activity took place at Parola Livelihood Center last July 15, 2017 at 9:00am onwards. A group of De La Salle students conducted a learning service, which was headed by Vietnamese student, Ngo Van Kha. It was attended by 7th Batch and selected 6th Batch secondary learners.

At the beginning of the program, Sr. Mila Singap, FLP warmly welcomed everyone and introduced the Lasallians students to the ALSA BUHAY learners. Different video clips were presented to the learners where everyone indeed enjoyed the presentation. After the video presentation, learners shared their insights and the moral values they gained in the video. Most of them realized the need of unity, teamwork and understanding each other.

Group activity were also done and learners were given a task to build a strong and tallest Marshmallow stick tower. The objective of the game is to developed and enhanced creative thinking, collaboration and unity. At the end of the game, every group were given a chance to explain and discuss their difficulties and strategies. One of the groups was given a price as a winner of the said activity.

Another movie was presented to the learners - The Cars II and The Chinese Bamboo. Learners enjoyed those movies very much and again, they were given a chance to discuss their insights. Hard works, perseverance, teamwork, faith, hope, and determination are keys to success; these are the values they gained in the movie. After the activities, Lasallians students shared stuffs and food to the learners. Learners enjoyed so much this activity and they appreciated and expressed their gratitude to the group.



The video presentation and the sharing of learners' insight about the video.



LEARNERS PUTTING EFFORT DURING THE GROUP ACTIVITY.



The Vietaste group and selected Parola staff.



Nutrition Month 2017 – Cooking Show at Parola Center (July 25, 2017)



This year's Nutrition Month celebration, which will start in July, aims to promote healthy diet to contribute to the reduction of overweight, obesity and non-communicable diseases with this year's theme: "Healthy Diet Gawing Habit for Life!" The National Nutrition Council clarion call for all the Filipinos to start the consumption of healthier foods and discourage them from the eating unhealthy diet. It also teaches the public on how to better discern between healthy and unhealthy foods for better food choices; and encourage food industry including farmers, producers and distributors and food establishments to produce and make available healthier food options to consumers.

Last July 25, 2017, Parola Center and its staff conducted cooking contest. It was done in the afternoon, in which the participants used "puso ng saging" or banana flower as the main ingredient in their invented menu. The said activities were participated by the Elementary and Secondary level. There are four (4) groups competed in the contest with different invented menu. All groups prepared delicious and nutritious dishes including: Banana Blossom Patty, Caniebansom with Puso ng Saging, Shanghai with Puso ng Saging, and Ginataang Puso ng Saging. All the winners received awards as their price for the competition. Below is the list of winners in cooking contests:

- 1st Prize - Group 1 (Banana Bloosom Pattie)
- 2nd Prize - Group 3 (Caniebansom)
- 3rd Prize - Group 4 (Ginataang Puso ng Saging)
- 4th Prize - Group 2 (Shanghai Puso ng Saging)

In this activity, the participants enjoyed and applied their skills in cooking, mathematical thinking, livelihood, being a team player, resourcefulness and creativity, and budgeting.



And the showdown cooking begins.



The food presentation of every group



The Judging time! The Judges - Sr. Mila Singap, FLP - Parola Supervisor, Mr. Alexander Miesinger – International Teacher, 2 representative from Brgy. 275 Parola Binondo Manila and Miss. Cyrah Karmine B. Albat –Program & Stakeholder Engagement Staff



Holy Mass Celebration for the Month of July 2017

(July 26, 2017)



"Whoever has ears, let them hear."
Mathew 13:9

Another holy mass celebration was held in both centers of Puso Sa Puso Edukasyon, Inc. last July 26, 2017. The monthly mass in Payatas was spearheaded by Fr. John Castillo, FDP. While in Parola, The mass was officiated by the President of Puso Sa Puso Edukasyon, Inc. Fr. Artur Chrzanowski, SDS and was held at Our Lady of Peace and the Good Voyage Parish, one of the parishes of Archdiocese of Manila. The mass was also offered for the peace of the soul of Sr. Mila's father who passed away last July 23. Both Holy Masses were participated by learners (new and old), volunteers, staff, and Basic Home-based Tutorial Program beneficiaries.

In the homily of Fr. John, he enlightened us that we are all born with parents. The duty of our parents is to guide us in everything we do and serve as our adviser and to support us in our everyday lives. Lastly, our parents are always there to pray for our success in life. Others are longing for their parents. They think they were abandoned by them. Even though some of us don't have complete parents or absence of them, always remember that God is our ultimate Father.

In the homily of Fr. Artur, he gave two important points. First is hope. He encourages attendees to not to lose hope in everything they admire. He asked people to hope and trust, "for the hope is the one who sustained us alive and inspired." he added. Second is prayer. He focused that the prayer is not only a hobby but our responsibility to do. "Sometimes we feel that prayer is just for religious person and elders who has nothing to do with their life. But when you start praying not only for yourself and needs, you will realize that prayer can change you in a better version of yourself." He continued.

After the liturgy of the word, the mass continued to the celebration of the Holy Eucharist. And most of the people attended the mass joined to the partaking of the Holy Communion. The mass ended in a blessing, inspiring people to proclaim the kingdom of God.

Other photos:



Fr John facilitating the Holy Mass

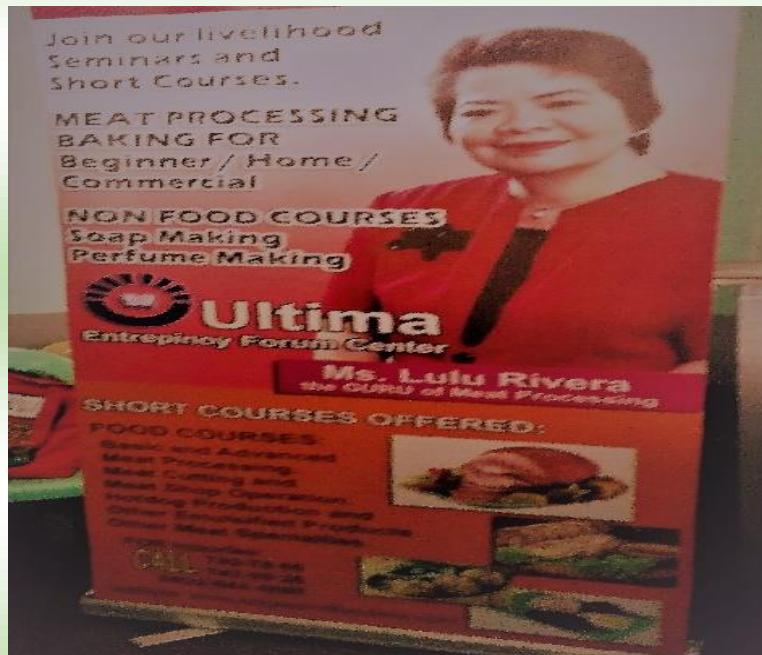


Highlights of the Holy Mass in Parola spearheaded by Fr. Artur, SDS



Skills Training: Meat Processing

(July 28, 2017)



Last July 28, 2017 selected Puso Sa Puso Edukasyon Inc. beneficiaries attended a short course of meat processing training held at Brgy.275 Multi-Purpose Hall, Parola, Binondo, Manila. The training started at 8:00 am up to 3:00 pm. It was spearheaded by the funding agency ICTSI (International Container Terminal Service, Inc.) with the presence of Ms. Cyrah B. Albat, Program and Stakeholder Engagement staff.

The training was attended by 39 participants from different NGO that was part of Parola Inter-Agency Network. Selection processes done by submission of application form given by ICTSI. Puso Sa Puso Edukasyon, Inc. submitted 10 applicants but only 5 passed in their requirements. There are 3 parent learners from 6th batch and 7th batch of ALSA-BUHAY, 1 parent of Basic Home-based Tutorial Program, and 1 parent from ALSA-BUHAY qualified for this training. Prior to the training proper, participants attended orientation last July 21, 2017. Part of the orientation was about the seed capital to be given to the group after the training to start small business funded by DSWD Sustainable Livelihood Program.

The training was facilitated by Ms. Lulu Rivera, the "guru" of meat processing of ULTIMA Etrepinoy Forum center. The training start with the prayer headed by Ms. Lulu herself. The participants were taught of 6 kinds of processes food which include tocino, embutido, pork barbecue, skinless longanisa, hamburger and somai. Included in the training were how to compute for direct cost and production cost, computation of selling price, techniques in selecting quality raw meat and introduction of various kinds of spices and food mix.

The training was informative and fun. Participants were divided into 5 groups who enjoyed the training specially the hands-on activity. It ended by giving certificate of attendance to the participants. Representative of DSWD Ms. Salve Guab was present in the training.

Highlights of meat processing training





Nutrition Month 2017 at Payatas: "Healthy diet gawing habit – FOR LIFE!"
(July 31, 2017)



Nutrition month is an annual campaign held every July to create greater awareness on the importance of nutrition among Filipinos. This celebration has been institutionalized by schools and local government units as well as other stakeholders. This year is the 43rd Nutrition month celebration.

This year theme "Healthy diet gawing habit – FOR LIFE!" aims to increase awareness on the importance of healthy diets to prevent malnutrition and contribute to the reduction of overweight and obesity and non-communicable diseases.

Last July 31, 2017 at Payatas center, learners, staff, volunteers, and guest judge celebrated the nutrition month. The activities on the said event are: cooking show and poster making. Wherein the learners showed their skills in cooking, creativity, and artistry. The learners were divided into 4 groups and they assigned each member who will cook and who will paint. They prepared delicious and nutritious food with squash as the main ingredient such as; Nilagang baboy with kalabasa, chicken sprinkles, fried rice with veggies, and pumpkin soup with pesto pasta. The said activities was held simultaneously and judged by the staff, volunteer – Peter Kies, and guest judge Ms. Jackylyn Cruz.

The winners in the said contests were:

- Cooking Show - Pumpkin soup with Pesto Pasta
- Poster Making – Group 2

The successful groups received certificates and medals for their exemplary works..

The theme reminds us that not everything we eat is healthy nor giving nutrients to our body. We should always be aware and be health concious in every food we intake.



It's cooking time! Learners showcasing their cooking skills for nutrition awareness month



Learners' products of hardwork and team effort



Awarding of certificates and medals for successful groups

Livelihood Program on August 2017

Payatas Center (August 1, 2017)



Last August 1, 2017 4th batch Learners Elementary and Secondary of Payatas undergone skills training on fabric conditioner and session on costing and pricing. The two activities started with the opening prayer and after which, they were task to take turns in mixing the formulation of fabric conditioner.

Costing and pricing were taught to the learners for them to know how to price their product can be determined. Discussion starts on types of costs. These include direct, indirect, contingency, production, and the result is the selling cost. Formula was given to the learners.



Mixing of formula of fabric conditioner and computing costing for the fabric conditioner

Parola Center (August 8-10, 2017)

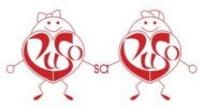


Last August 8 to 10, 2017, 5 beneficiaries of Puso Sa Puso Edukasyon Inc. under the program of ALSA BUHAY and Basic Home-based Tutorial Program attended the training for SLP (Sustainable Livelihood Program) held at Brgy. 275 Multi-Purpose Hall by the Parola Inter -Agency collaboration.

The training is about the seed capital to be given to those that participated the meat processing training. Each participant can get P10, 000.00 for their initial capital for meat processing business. The event was facilitated by Ms. Salve Guab of DSWD. They were divided into 2 groups. Each group elected an officer and were task to open a bank account. They will deposit (175.00 pesos a week) for ten months. The total amount that will be saved will become the payment for the seed capital that they borrowed. And the remaining amount will be divided into the groups.



Ms. Salve of DSWD discussing the SLP program; participants filling up the application form; and presentation of the officer of each group



**United Nations Convention on the Rights of the Child
Parents' and Learners' Formation**
(August 05 & 18 2017)



Parents' play an important role in the development of their children. They should provide encouragement, support, and access to activities that enable the child to master key developmental tasks. In similar manner, children and youth are need to be aware of their rights and responsibilities, and to be vigilant for what is happening to their surroundings, and their role in the community.

The parents' and learner's formation were conducted to give heads-up for them and to discuss their tasks as parent and children, rights of the children, and their distinct roles in the community. A total of 106 participants, 79 from learners and 27 from parents of the ALSA BUHAY Program joined the activity.

The said formations were started with an opening prayer. Ms. Joceline Basconcillo, RSW introduced the guest speakers, Ms. Jana the social worker of Salvatorian Pastoral Care for Children and conducted the said formation, together with Ms. Clara from Austria, followed by getting to know each other and introducing themselves.

Ms. Jana grouped them according to their areas or their neighbors' area. Within their group, they asked to discuss the things that they heard or noticed within their community both positive and negative behavior of children.

For the parents, the positive behaviors they noticed to those children in their area are: disciplined, obedient, helpful, know how to respect people older than them, and they like to join in different sports that was conducted by their barangay. The negative behavior are: the bad influence of their friends to their children, the vices like; drinking alcoholic drinks and smoking, even using illegal drugs and some parents asked their children to work for them at their young age and lastly, the parents encouraging their children to be in prostitutions.

On the other hand, the learners expressed their observations in their designated areas. After

each group discussions, learners' came up with the good news: being respectful, obedient, talented, friendly, helpful, perseverance to finish their studies, a lot of program for free education and be able to eat nutritious foods. They pointed also pieces of bad news which are: addicted in gadgets, vices like: smoking, drinking liquor, and gumbling, early pregnancy, missing children, malnourishment, child trafficking, Involvement in prostitutions, use of illegal drugs, and bullying.

The parents wanted to elicit those negative behavior by guiding their children of what is right and wrong, to teach values, and to show the consequences they might get if they go in the wrong path. What parents want for their children are: to have a better future, to finish their studies, and to become a responsible child and citizen.

Ms. Jana on learners' formations discussed the children's rights and pointed out that their rights must be given to them, not wants to have a choices to do or not. Children are precious gifts from God. They should be protected from harm, they should receive what their needs are, and lastly, they deserve to be loved.



Highlights of parents' formation



Group discussions, presentations, sharing, and interactions are some activities observed during the learners' formation



Team Building 2017

(August 12-14, 2017)



The Puso Sa Puso Edukasyon, Inc staff and administrator together with the SDS teachers joined force in a team building event held at Shercon Resort and Ecology Park in Mataas na Kahoy, Batangas. This 3-day activity comes with a seminar, spiritual session, and of course, leisure time and rekindle from nature. Most importantly, the activity intends to intensify the bond and interpersonal relationship under the umbrella of Salvatorian community.

On August 12, Ms. Ivy Canosa from Seven Crowns Tour and Events Management arranged this event and oriented the participants after a 3-hour trip from Quezon City going to the venue.

The first session was spearheaded by the president of Puso Sa Puso Edukasyon, Inc. – Fr. Artur Chrzanowski, SDS. The topic centered with spiritual mentoring. Fr. Artur first differentiate teaching from mentoring. Accordingly, mentoring is more of touching a life and a process wherein mentor shares the best and worst of his knowledge, skills, and attitude to his mentee. As a two-way process, mentor also provides lifeline to the mentee. Thereafter, he discussed the 10 Benefits of Having a Spiritual Mentor.

On the second day, Ms. Myrthylle Karen Rey forefront the set of topics: Letting Go, Creating Healthy Boundaries, and Cultivating a Lifestyle of Rest. In this session, participants had the chance to express their inner core and boldly shared their life stories, stresses, etc. They did also role playing activities and demonstrated healthy boundaries from unhealthy one. Reflective and insightful exercise through writing and drawing were also part of the session. Finally, each group acted as a sustenance in each member's expressed frustrations and difficulties. On the third day, certificates were handed over to all participants.

The entire event turned out as successful as evident by new learning, restored faith, fresh bond, and added experience.

Two consecutive Eucharistic Mass also were observed during the event and facilitated by Fr. Artur.

Photos:



Two separate sessions of the team building facilitated by Fr. Artur, SDS and Ms. Karen



Other photos during the event: the beauty of Shercon, Holy Mass, Awarding of Certificates, and new memories



The United Nations Convention on the Rights of the Child (UNCRC)
(August 17, 2017)



UNCRC is a human rights treaty which sets out the civil, political, economic, social, health and cultural rights of children.'

Puso Sa Puso Edukasyon, Inc., in partnership with Salvatorian Pastoral Care for Children (SPCC), held a formation organized for the new batch of ALSA BUHAY learners and parents, last August 17, 2017 at Puso Sa Puso Edukasyon Inc., Livelihood center. The activity was facilitated by Ms. Jana Palomique, RSW, together with Ms. Clara, SPCC volunteer (Social work intern).

The activity was attended by One Hundred Thirty five (135) beneficiaries: Sixty two (62) Alsa Buhay learners; and Seventy five (75) parents from different programs of Puso Sa Puso Edukasyon, Inc.

The morning session was intended for the learners, Ms. Jana Palomique, discussed the basic Childs rights. In the session, she included sharing activity where they were able to share the positive and negative past experiences during their childhood. She also added the significant program of government, Non- profit organization for the children, youth, and for the vulnerable sector.

In the afternoon, same topic was discussed to the parents; Group sharing was facilitated before the formal discussion in order to address what are those existing problems need to be solve and what are the possible intervention for them. Indeed, Ms. Jana Palomique, integrated the reality happening in their community where they used to. In the sharing activity, the question is "What are the existing problems encountering in the youth and children and what are the possible solution to the existing problem?" were able to identify the existing common problem in Parola slum such as prostitutions, trafficking, child labor, drugs and computer addiction. Parents are also concern on the security of their children over the existing War on Drugs "Oplan Tokhang" under President Duterte's administration.

In the end of the session, Ms. Jana Palomique were able synthesized the topic on the Children rights and come up with knowing the entire problem confronting by the community of Parola slum.



These collage photos were taken during the parents' and learners' formation facilitated by Ms. Jana Palimaque. RSW



Super Friends Outreach Activity 2017
“Work for a cause, not for applause”
(August 21, 2017)



Last August 21, Saturday, a group of young professionals organized an outreach activity in Parola in coordination with the Puso Sa Puso Edukasyon Inc. – ALSA BUHAY Program. The activity was successfully held at Puso Sa Puso Livelihood center, and it was spearheaded by Attorney Kath Baker and her colleagues, in the presence of Sr. Mila P. Singap, FLP, Parola Program Supervisor, and with the Parola staff.

In this activity, twenty five (25) selected kids were invited from Puso Sa Puso beneficiaries. They were able to participate in the activities and showcase their talents. Not only facilitating games for them, Super friends gave giveaways such as hygiene kit, school supplies, and milk.

In the end, happiness were shown to the faces of the children and they were grateful for being part of the annual outreach activity of “Super friends”.



Some of the highlights of the event



Secondary 5th Batch Learners Joined the 1st TASCO Tire Art Contest
(August 23, 2017)



Last July 17, 2017, a representative from TASCO (Filipino owned company engaged in the distribution of imported tires and motor oils) visited Payatas center to orient and inform about their company's contest and its objectives and encourage our learners to join in this activity.

The first TASCO Tire Art Contest focuses on their theme "Upcycling End-of-Life Tires" for their commitment to a greener world. This contest will be open for individual or group in public and private schools, local government units, and Non-Government Organizations. Accordingly, this contest provides an opportunity for participants to use their creative juices and free minds to create a piece of artwork using used tires as the primary material.

A group from Secondary B of 5th batch Payatas learners took the challenge. They are Mary Jane Castro, Lester Deguito, Jennifer selda, Jeremy Caparal, and Jemark Malibago. Over the weeks, they worked together to create their own masterpiece – "Robolong".

As stated in the description of their artwork "Our group decided to make this "Robolong" to inspire other youths in doing a masterpiece with the used of scrap tire and other scrap materials. Our 'Robolong' will represent as the protector of our world against the destroyer. We also want to inform other people that garbage can really turn into a wonderful masterpiece."

Last August 24, 2017, as announced in the TASCO's official Facebook page, the "Robolong" entry of ALSA BUHAY Payatas learners won a consolation price worth P5, 000.00. Even though they failed to win the grand prize, still the learners showcased their talent, creativity, and teamwork. It is all worth it!



The making of Robolong



PSPEI Payatas 5th Foundation Day and Buwan ng Wika Celebration
(August 25, 2017)



Two of the highly anticipated events in Payatas center took place last August 25, 2017. This month marks the 5th year anniversary of Puso Sa Puso Edukasyon, Inc. here in Payatas community. To be exact, on August 06, 2012, the Diocese of Novaliches together with the parish priest of Kristong Hari Parish, Fr. Roland Jaluag and our very own President of our foundation, Fr. Artur Chrzanowski, SDS signed the memorandum of agreement lending to us the Payatas Youth Center and make changes in the lives of youth though education. And we see that in span of 5 years, a lot of things took place including challenging situations and precious and memorable moments. The theme for this year's anniversary is: Making Changes; Youth Got the Power!

In similar fashion, this month also commemorate the richness and significance of Philippine national language – Filipino which the event known for us as “Buwan ng Wikang Pambansa 2017”. Various activities are conducted in every sector both in public and private. The theme for this celebration is “Filipino: Wikang Mapagbago”.

These two events commenced with a Thanksgiving Mass presided by Fr. Artur, SDS. The homily centered in expressing and sharing love to the others. This leave powerful message to the attendees that love comes in many forms and indeed, our true universal language.

After the mass, the celebration continues. The inclement weather didn't stop the learners to showcase their presentations and talents which highlights the linguistic and cultural diversity in our country. These presentations include “Sabayang Pagbigkas” (speech choir), ethnic dance such as Muslim dance, Tinikling, and tribal-themed, singing of OPM (Original Philippine Music) and nationalistic song, Muay Thai demonstration, and many more.

The celebration turned out to be a very successful one. Truly, we celebrate the mission that comes from the heart and spread to those who have valued their dreams once again and accept changes. Changes that our country needs especially in this time where a lot of misunderstanding, political and religious division, and moral challenges that are happening. And we believe, by empowering our learners, the youth and the old, we can have a power to make positive and fruitful changes!

Photos



Thanksgiving Mass presided by Fr. Artur (photos above); Sr. Frances, SDS and Sr. Mila, FLP giving messages to the attendees



Some of the highlights and performances from the learners



**The Month of August Eucharistic Celebration
(August 29, 2017)**



As a way of thanks giving of Puso Sa Puso Edukasyon, Inc. Parola Center for the month of August, they held a mass last August 29, 2017, Tuesday at Our Lady of Peace and the Good Voyage, a parish under the Archdiocese of Manila situated in Tondo. The mass was attended by the learners from 6th and 7th batch of Basic Literacy Program, Elementary and Secondary levels and their parents as well as the parents from Basic Home-based Tutorial Program. And it was officiated by the President of Puso Sa Puso, Fr. Artur Chrzanowski, SDS.

On his homily, Fr. Artur gives one point to reflect on. It is to say always the truth. "No one pushes you to say either the truth or lie. But one day we are going to see the Lord face to face and we have to answer Him, how we live our lives here in earth." He said. "It takes courage to say the truth. It may be hurt you in some ways or your neighbor but it is our responsibility to proclaim the authenticity of everything." He continued. He encourages everyone to be admired on St. John the Baptist who offered everything for the truth even it causes his own life.

The mass was offered for activities of the month and for the passion and death of St. John the Baptist. After the liturgy, everyone join the consecration and partake the body and blood of Christ. The consecration of the Eucharist and the final blessing was initiated by Fr. Artur, SDS.



Learner reading the Prayer of the Faithful



The learners and other beneficiaries



National Language Month Celebration
“Arbitraryo itong wika, nagbabago , nagiiba-iba.”
(August 30, 2017)



In line with country's celebration of National Language Month, the Parola Center held a program to celebrate the birth of the nation medium of communication, the language. The celebration was held at Delpan Sport Complex last August 30, 2017, Wednesday. It was attended by the learners from 3 different levels of ALSA BUHAY program.

The celebration has the theme of "Filipino: Wikang Mapagbago." It aimed to show to the learners how language affects the life of an individual and what we can do to properly adopt the changes in our society through language.

The program was opened by the Nationalistic Dance led by Mr. Darren Ilarina, one of the Instructional Manager of Parola Center with the combination of BLP and Elementary learners. It was followed by the prayer of Jose Carlo Arcilla an Elementary learner. Sr. Mila P. Singap, FLP the Parola Supervisor gave her opening remarks to formally start the program.

The whole celebration was divided into four competitions that anchored to only one topic. The competitions were "Sabayang Pagbigkas", joined by the two groups combined elementary and secondary, the poster, slogan and easy contest which participated by the learners from different level. The competitions were judged by Ms. Cyra Carmina Albat the community organizer of ICTSI and two barangay workers from brgy 275. The elementary level headed by Ms. Mylene Ballaran give an intermission number which is an ethnic dance from Cebu, the Subli Dance.

The program ends in a simple but soul touching speech of the Parola Social Worker, Ms. Jennifer Basconcillo. The whole celebration was facilitated and hosted by the second batch passer Mr. Elmer Palikpik.

Photos:



Elementary learners Performing Nationalistic Dance



Learners, Judges, Staff and all Participants of Buwan ng Wika Celebration



The Judges



The Subli dance by Elementary Learners



Farewell Party of Polish Teachers

(September 15, 2017)



After three months of immersion and touching lives of the kids of Payatas thru teaching, two Polish teacher-volunteers finally bid goodbye. Last September 15, 2017, Home-based Tutorial Program beneficiaries, including a total of 93 kids and parents joined the activity organized by Teacher Piotr Kies and Danuta Moterzok and assisted by 10 ALSA BUHAY 4th and 5th batch learners.

Various activities took place during the said event. A lot of candies were distributed to the kids while waiting for the program to start. Kids together with their parents enjoyed as well different kinds of parlor games. Putting up creativity and artwork, Polish volunteers also conducted a face painting activity. Adding colors to the program, they gave also trendy balloons which excitingly welcomed by the kids.

Before the program ends, the two volunteers took the opportunity to express their heartwarming message of gratitude towards the program and its beneficiaries. They thank the kids for the experience they had while teaching them as well the parents who are very supportive and hospitable to them. They also prepared and showcased a dance number to their kids with the tune of "Chocolate".

Thereafter, kids and parents enjoyed their "Jollibee" meal and kids also received gift packs of toothpaste and toothbrush.

Photos:



The two Polish teacher-volunteers are very hands-on in giving happiness to their pupils



Kids enjoying all the activities including face painting, playing with bubbles, and eating candies!



“Rights of the Child” - Parents’ Formation
(September 16, 2017)



Children are innocent, trustworthy, and hopeful. Their childhood should be joyful and loving. They should gain and explore new experiences with the guidance of their parents. But for some children, the reality of their childhood is altogether different.

Puso Sa Puso Edukasyon, Inc. Payatas center conducted a parents formation entitled “Rights of the Child” and administered by Ms. Jana and Ms. Clara of Salvatorian Pastoral Care for Children. The said formation started by an opening prayer led by getting to know activity facilitated by Ms. Clara.

Ms. Jana one of the speakers grouped them according to their places of residence and asked them to draw a map of their place and cross out a place that they think not safe for their child. They came up with: creek, bars, market, streets, dim areas, vacant lot, police station, school, and church. The parents noticed that in those places are lots of danger that might happen or that can cause harm for their child. There are no safe places for their child, the child must also know how to protect himself/herself.

The guest speaker also discussed the rights for their child from United Nations Convention for the Rights of Child. The said convention is a human rights treaty which sets the convention rights of the child. The Nations that ratify this convention are bound to it by international law. Philippines is the 31st country who signed the said convention.

Rights of the child from the said convention:

- Republic Act 7610 “Anti Child Abuse Law”
- Republic Act 9208 “Anti Child Trafficking”
- Republic Act 9231 “Anti Child Labor”
- Republic Act 9262 “Anti Violence against Women and Children”

The parents or any persons involved to a child should treat them right and just accordingly.

Photos from the Parents' formation



Ms. Jana discussed the child's rights



Group activity of the parents



“Childs Right” - Learners’ Formation
(September 22, 2017)



Children are one of the most precious gifts from our God. They should enjoy their childhood, and experience on how to become a child. In spite of being a child who enjoys playing and has an innocent mind, they must also know their rights and to protect themselves from anyone who do bad things on them.

The learners' formation entitled “Childs Right” was conducted by the guest speaker from Salvatorian Pastoral Care for Children namely; Ms. Mary Ann Bernardo and Ms. Joan Canero. The said formation was attended by 64 5th batch learners and some 4th batch learners.

The activity was started by an opening prayer led by one of the students. Followed by grouped activity wherein the speakers asked them to draw a map of their place and cross out the places that they think they are not safe. The learners came up with these unsafe places: church, Barangay hall, house, market, bar, highway, police station, school, computer shop, creek, dumpsite, and dim streets. In these unsafe places, they experienced or noticed that the danger for themselves started there and instead they are being abused.

The speakers also highlighted the four rights that the children must know to serve awareness.

- Republic Act 7610 “Anti Child Abuse”
- Republic Act 9208 “Anti Child Trafficking”
- Republic Act 9231 “Anti Child Labor”
- Republic Act 9262” Anti Violence Against Women and Child”

Every child is special and has the right to receive what they deserve and to be treated justly by everyone.

Photos from the learners' formation



Ms. Joan (above) and Ms. Mary Ann (below) explaining the rights of every child



Learners' doing their group activity



Group photo with the guests' speaker



Anti-Violence Against Women and Children Formation

September 26, 2017



“Violence against Women is perhaps the most shameful human rights violation. It knows no boundaries of geography, culture or wealth. As long as it continues, we cannot claim to be making real progress towards equality, development and peace.”

- Kofi Annan, United Nations General Assembly New York, 5-9 June 2000

Violence against women is a universal issue. Due to its sensitivity and impact on them and their families, many cases in line with this issue are often unreported and neglected.

As Part of their advocacy, the Puso sa Puso, Edukasyon Inc., in partnership with SPCC (Salvatorian Pastoral Care for Children) organized a seminar to raise awareness about violence on women as a national issue and concern. It was held at Puso sa Puso Livelihood Center and Puso sa Puso, Alsa Buhay Center, on September 26, 2017, with our parent beneficiaries as our main participants. The program is facilitated by our two resource speakers, Ms. Joan Canero, RSW and Ms. Mary Anne Bernardo of Salvatorian Pastoral Care for Children (SPCC).

The thirty (30) participants were divided into two groups. The activity started with an opening prayer led by Ms. Mary Anne Bernardo, then followed by an interactive game for “Getting to know” each other. Each participant able to partake and enjoyed the activity, followed by the formal discussion on the law on Anti- violence against women and children also known as Republic act 9262. Group sharing was also conducted for them to have shared different views on how abuses can be done to women, and how can we define women today. The group of Ms. Joan was more on discussion and role playing about the ways how women is treated in the present day, and how they are vulnerable for abuses.

Photos:



Photos taken during the first activity "Getting to know each other" initiated by Ms. Mary Anne Bernardo.



Holy Mass for September 2017

(September 27, 2017)



A time for reflection, a time for thanksgiving. Another Eucharistic Celebration took place for both centers of ALSA BUHAY Program last September 27, 2017. Instilling the values and significance of gratitude towards the infinite blessings of our Lord are part of the life as Christians. This event also establishes foundation of our continuing relation and personal communication with Christ.

Payatas center celebrated this event at Sarada Familia Chapel in Payatas B, Quezon City. It was spearheaded by the Parish Priest of Kristong Hari Parish, Fr. Roland Jaluag at 10:00 in the morning. In similar way, Parola center held their mass at Our Lady of Peace and Good Voyage in Tondo, Manila presided by Rev. Fr. Francis Teo, MCSA. It was attended by the parents both from Eskwelahan ng Buhay and ALSA BUHAY program, learners from secondary and elementary level and scholars of EDM.

Fr. Roland reminds the attendees during his Homily that evil spirit is existing and trying to deceit our souls. This entity put us in a trap where we can experience happiness temporarily but in the long run can make our life and dreams bleak. Our choices make us so it will be best to follow what is righteous and good in the eyes of our Lord. We have to rediscover the God's image hidden in the core of our hearts. Choosing and doing good can make us a way in redeeming our souls and can make positive impact to the people surrounding us.

On Fr. Francis' Homily, he encourages people to pray. First, he asked the parents and learners of ALSA BUHAY program to pray for their upcoming exam. Second, he encourages all people who joined the Eucharistic celebration to pray for their family, for themselves, for their neighbor and for the country. He asked everyone to become the disciple of St. Vincent de Paul, especially the youth, to join the religious life and become priests and nuns. The mass was also offered for the memorial of St. Vincent de Paul. A French priest who offered his life to a deep devotion in serving people, caring sick and contemplative way of prayer.

The two holy masses continue to the celebration of the Eucharist and the final blessings.

Photos:



Holy Eucharist at Our Lady of Peace and Good Voyage, Tondo, Manila



Highlights of monthly mass at Sagrada Familia Chapel, Payatas B, Quezon City



**Orientation for Ateneo Medical Students
(September 29, 2017)**



It's the 2nd year of partnership and collaboration of Puso Sa Puso Edukasyon, Inc. to the Ateneo De Manila University – School of Medicine and Public Health. As the new batch of medical students kick in to the institution and establishing the stronger teamwork, an orientation and meeting conducted last September 29, 2017.

Sr. Frances Mangabat, SDS, Program Supervisor, Sr. Mila Singap, FLP (Parola Supervisor), two Social Workers of both centers, 3 Instructional Managers of Payatas and six Ateneo medical students are present on the said meeting. Sr. Frances spearheaded the entire talk while Mr. Jeremie Cruz, RN, LPT presented the background, mission, and programs of Puso Sa Puso.

Thereafter, the discussion of their roles in our institution follows as one of their formations at their Learning Experiences in Communities (LEC). Accordingly, they will be work hand on hand with the Kenyan Brothers who already have established beneficiaries of both communities of Parola and Payatas. Their beneficiaries include lactating mothers, and children from infant to toddler. To furthermore discuss the details of this collaboration, a new meeting is set for the Ateneo students and Kenyan Brothers.

The meeting is adjourned at 1:00 in the afternoon and both parties are looking forward for the fruitful partnership.

Photos:



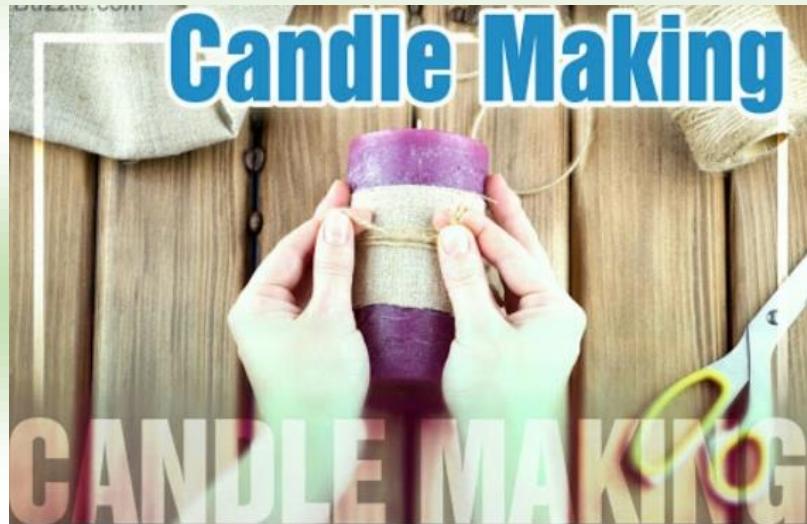
Mr. Jeremie Cruz giving orientation about the institution's mission, background, and programs



Group photo after the meeting and orientation



Livelihood Program: Skills training “Candle Making”
(September 29, 2017)



In preparation of “All Saints Day” this November, last September 29, 2017, selected beneficiaries of Puso Sa Puso Edukasyon Inc. attended the Candle Making activity held at Brgy. 275 Multi-Purpose Hall facilitated by Ms. Ma. Luisa Lopez Gomez of ULTIMA Entrepinoy Forum Center under the Parola Inter-Agency Network. It was funded by ICTSI (International Container Terminal Services, Inc.) Ms. Cyrah Albat of ICTSI was present during the training.

The training started with the opening prayer by Ms. Ma. Luisa; she introduced the materials needed and prices. Leaflets were given to all the participant. After the session, she lectured on costing. There were 34 participants actively participated in the said training.

Different kind of candles were made. These are the emergency candle using oil and salt, candle using ice, scented molded candle, floating candle, citronella scented candle and molded candle.

The training ends up by giving certificate of attendance to all participant.



Highlights on Candle Making



Payatas Teachers' Day Celebration 2017
(September 29, 2017)



Last September 29 (Friday), ALSA-BUHAY learners conducted a surprise program for their beloved Instructional Managers in return to the special contributions that their IM's imparted to them.

The said program was held at Sagrada Familia Ground. It started in the afternoon with an opening dance number entitled "Baby Shark". Learners showed their God given talents to make their Instructional Managers smile.

Selected learners danced, sang and read their own spoken poetry with the theme "gratitude to my beloved teachers". Some of them also prepared sweet foods to their IM's such as graham cake, cookies and tuna rolled sandwich. Scholars also gave their handmade gifts as a sign of gratitude for all the good things that their IM's showed to them.

With these kind of activity learners was able to collaborate among themselves, showed their hidden gifts, and especially expressed their deepest appreciation to their dearly loved Instructional Managers.

Highlights of the program:

