



PUSO sa PUSO Edukasyon, Inc.

NEWSletter

October – November 2015, Issue No. 6

**Reaching out
the least,
the lost,
& the last.**

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Dental Mission

(September 28 – October 02, 2015)

Last September 28, 2015, a dental check-up was held at the Society of Divine Saviour in New Manila gathering 38 learners to complete the operation. It started about nine in the morning until four in the afternoon.

The dental mission was conducted with the existence of Dr. Tony, an Australian dentist assisted by the workers of Parola together with the instructional manager.

It continues until 2nd of October with the help of Parola staffs and with the active supervision of Sister Frances Mangabat SDS, Pusong Pusong Coordinator and Sr. Mila P. Singap, FLP.



Photos taken during the dental operation with Dr. Tony and the learners of Parola.



These photos were taken after the Dental check-up together with Sr. Frances Mangabat, FLP, Program Coordinator, and Dr. Tony



During the second day of dental check-up



Visitation from Missio Munich (October 05, 2015)



Last October 5, 2015, Stefanie and Seyferth, staff of Communication Department of Missio Munich visited ALSA-BUHAY Payatas Center and its community. The objective of the visit was basically to gather information about the people living in the area of Payatas including their working condition and the poverty that surrounds them. Staff of Payatas Center together with volunteer teachers from Germany joined the visitors in ocular inspections, and data gathering.



Ms. Bella, one of the staff of sanitary landfill, giving us preview and information about their operations and the people behind it.

In obtaining vital information about the community, we visited first the Quezon City Sanitary Landfill where we all welcomed by their accommodating staff. In the exhibit area, we were able to get knowledge on how the sanitary landfill was formed, their garbage disposal processes, community projects, social responsibilities, condition of the workers, and a lot more. Unfortunately, we were not able to get to the viewing deck of the dumpsite due to the road improvement project.

After an hour, we moved to a private segregation area near ALSA-BUHAY Center. Staff of Missio Munich took some photos in the area and interviewed random workers. Finally, they also interviewed learners from ALSA-BUHAY Payatas.

Other Photos:



Our visit in the segregation area near Payatas Center



Teachers' Day 2015

(October 05, 2015)



"A Teacher affects eternity he can never tell where his influence stops." ~ Henry Brooks Adams

Last October 5, 2015, Teachers' day was celebrated by the Instructional Managers, staff and learners of ALSA-BUHAY. This is the special day to appreciate them and their extraordinary job that they do to teach, support and inspire our learners. As part of this event, ALSA-BUHAY learners made some preparation and surprises for this occasion to their beloved Instructional Managers (IMs).

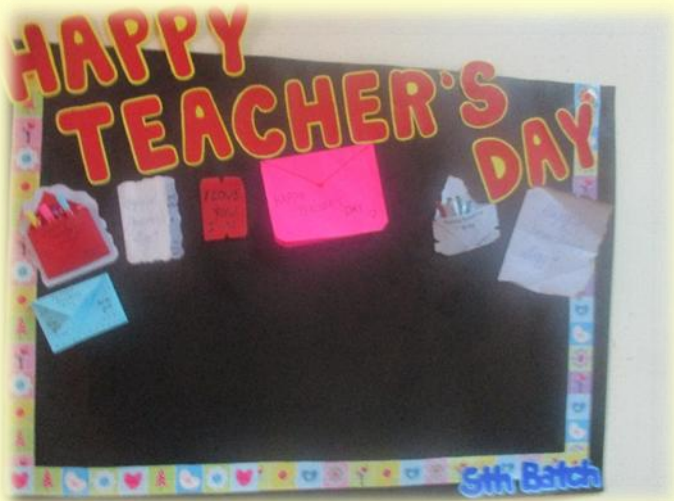
The program started around 3 o'clock in the afternoon, and was held at Puso sa Puso Livelihood centre.

As tribute to the Instructional Managers, Secondary learners sang a song entitled "Thank You" followed by a short video presentation.

Selected learners prepared a "Thank you" message which really touches the heart of their teachers. Simple words yet very remarkable and inspiring to continue their passion to help other people. They serve as a real hero to the young ones.

Through simple act of kindness and giving importance to ones' life has a great impact to the community who were longing to have a good servant that is dedicated and wanted to change something in better disposition.

They showed their gratefulness to the Instructional Managers who has been giving unconditional love and consideration despite of being stubborn and wayward during the class. They appreciated all the efforts that they exerted in teaching and having a long patience to their learners. They expressed how very grateful they are to be part of ALSA-BUHAY Program, and for having a considerate, kind and very hardworking Instructional Managers.



These photos were taken during the Instructional Managers giving a heartfelt message to their beloved learners.



Mr. Bryan Gler, Instructional Manager, together with his learners.



Orientation of Basic Home-Based Tutorial Program (Parola)

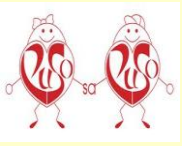
Last October 14 and 15, 2015 (Wednesday and Thursday), ALSA-BUHAY staff with the coordination of SDS brothers, Bro. Peter Thien, SDS and Bro. Paul Vincent, SDS arranged a short orientation for the parents of the student of "Eskwelahan ng Buhay." The main objective is to give them clear knowledge about what is *Puso sa Puso Edukasyon Inc.* and the programs and services run under the foundation.

On the first day, the activity was conducted at Chapel in Gate 1, Tondo Manila. Bro. Paul Vincent, SDS was the Master of Ceremony. At exactly 2:00 o'clock in the afternoon, the activity was formally started. Opening prayer was led by one of the parents in the community followed by Sr. Mila P. Singap, FLP, Parola Supervisor for her warm greetings to the attendees and she formally introduced the ALSA-BUHAY staff to the parents of Gate 1.

Sr. Mila discussed the brief history of Puso sa Puso Edukasyon, Inc. including its programs and services extend to the community such as ALSA-BUHAY program provided for out of school youth, Livelihood program, sponsorship, etc.

On the second part of the discussion, Mrs. Lucy Lachica, Livelihood coordinator of Puso sa Puso briefly discussed the livelihood projects that currently existing, and followed by the undersigned social worker, whom clearly discussed and explained the content and the importance of MOA (*Memorandum of Agreement*) as well as the Child Protection Policy existing in the foundation. Signing of MOA was conducted on the last part of the activity.

On the next day, the orientation was held at Puso sa Puso Livelihood Center spearheaded by Bro. Peter Thien, SDS. Around two in the afternoon, when the activity was started, a total of 20 parents from Gate 17, Tondo, Manila attended the orientation. Bro. Peter discussed the synopsis of the said activity. An opening prayer was led by Bro. Peter Thien, SDS followed by Sr. Mila P. Singap, FLP, for her warm greetings for the attendees. It was clearly discussed and explained the main agenda. On the last part of the program, signing of Memorandum of Agreement between the institution and the parents was made.



“Career Guidance Orientation”

(October 15, 2015)



An opening prayer led by Edwin Guevarra followed by an activity through drawing an icon which shows their facial expression. After they have drawn an icon, they will pass forward to their co-learner and like or give comment.

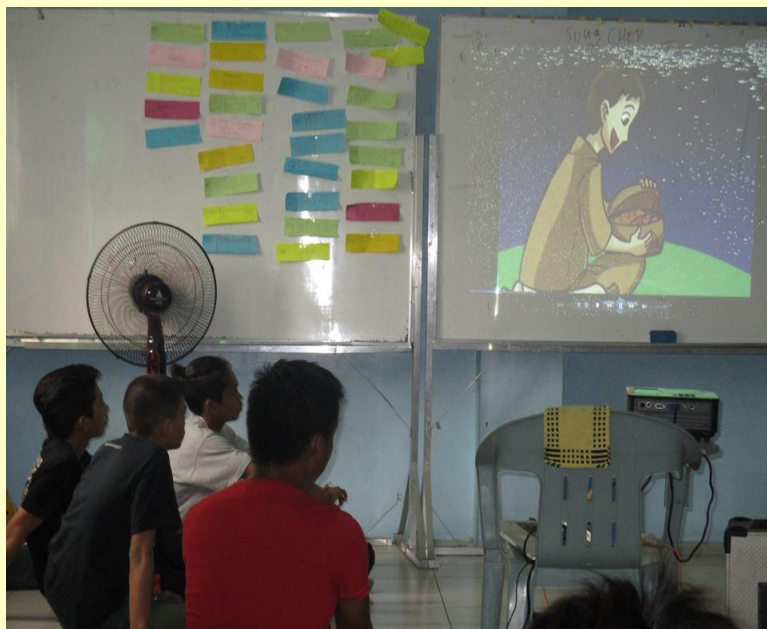
The Career Guidance Orientation was facilitated by Ernesto Taza of Simbahang Lingkod ng Bayan as Program Coordinator. The objective of the said activity is to know more and understand of what goal of the learners would they like to pursue.

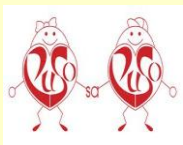
The facilitator gave background about his life and site some inspirational talk. He started from nothing and now he can say that he have something because of his three positive outlook in life: ability, dignity, and opportunity. First, he shared that we individuals whom created by God has it's own ability and we should develop and utilize it for us to achieve our goal in life. Secondly, we have to give value to our dignity as a human because that's the only thing that we can be proud of. And finally, opportunity knocks only once so we have to grab whatever the opportunity that we may encounter. We have to appreciate and give value to those people around us who can help us in whatever ways.

After sharing of the experiences of the speaker, a video presentation was given to the learners as an inspiration which emphasized of giving what you have in your life. Learn how to give wholeheartedly to the other people even if it's in a small way. The speaker ended the activity by giving a dynamic through writing their goals in life in a paper so that they can reflect after five years who are they now.

A closing prayer led by Joceline Basconillo to finish the activity.

Photos taken during the formation:





“Young Mothers’ Formation on Biological Factors, Spirituality, and Stewardship Core Values”

17 October, First session of Young Mothers' formation occurred. The activity was held at Lebanon Shelter, 7th St. New Manila, Quezon City. It was attended by 7 young mothers; 3 from Parola and 4 from Payatas center. It begins with a short video song, entitled “Panangutan” followed by a spontaneous prayer initiated by Ms. Joan Cainta, a secondary learner of ALSA-BUHAY Parola.

Sr. Frances Mangabat, SDS (Program Coordinator) gave warm greetings to the attendees. She also discussed the structure and scheme of the formation for them to understand the main objective of the whole program. After that, social workers gave an activity called “Tissue Roll Twists” which purpose is to gather information on the participants and to build good atmosphere.

The first part was conducted by Mrs. Lea Soriano, RN; she discussed the important details on conception and childbirth stage. After that, she opened the forum activity in which each attendee has given a chance to share their experiences during their pregnancy period. Some questions were raised. They've gain lot of ideas, skills, and knowledge in taking responsibility for the development of their own baby.

The second part of the activity was given by Sr. Ma. Guadalupe Olano, a Salvatorian Sister. She discussed the topic of Buhay Katiwala (Spirituality of Stewardship) and the 2 core values: Identity, and reverence and awe. Participants heard some Bible readings which is related on their motherhood role. They were able to understand better that becoming a mother is a blessing and also a privilege. They also realized that we are all stewards in special way, and we have the mission to take care and use accordingly what has being entrusted to us.

After the discussion, social worker asked the participants to create a motherly personal prayer which they can use in their everyday communion with God.

The activity ended with the reading of prayers made by Rina, Thara Angel and Rachel. Participants were very grateful and they are looking forward on the next formation. They expressed that they gained important knowledge on motherhood and also they were able to find another group support which has the same scenario on what they had.



The photo was taken during the discussion with Sr. Guadalupe Olano, SDS



These photos were taken during the last activity the making of personal prayer



The second batch of Young mothers



“Understanding Myself as Person and as a Parent”
(October 19, 2015)



An opening prayer led by Honey Camille Sapnu and followed by an expectation set-up activity through writing in the metacards facilitated by Ms. Annabelle Lo. The parents' formation's objective is to identify the strength and weakness of every individual and to understand the value of knowing as a parent to their child. It was attended by the learners and parents to have an interaction between a parent and a child.

The speaker started the activity proper by asking “How did I became a parent?” and most of the answers of the participants said that they became a responsible and loving parent to their child. A dynamic was given to them entitled “Ang Limang Daliri ng Aking Buhay” which gives the information about the following: What is important to you being a person? What are your strengths and weaknesses? What are the qualities that dislikes a person with you? What are the important events in your childhood and what is your feeling about it? Do you want to be a good parent and what do you want to develop and change to yourself for your family?

A group sharing was done by the participants by sharing their output and summarized by the speaker. After the sharing of the experiences, Ms. Annabelle emphasized the factors which affects the personality of a person such as personal vision, childhood experiences, education, religious beliefs, culture, and media.

A closing prayer led by Edwin Guevarra to end up the formation.

Photos:





Health Seminar (October 24, 2015)



Parola (Binondo & Tondo), Manila, are areas very prone to different kinds of diseases because it is being flooded, crowded and polluted locality. Last October 24, 2015, our Medical Student Volunteers from Ateneo de Manila conducted a seminar on First Aid. It was held in the Session Hall of Our Lady of Peace and Good Voyage Parish and was attended by both parents and learners of ALSA Buhay and Eskwelahan ng Buhay. Diseases that were discussed were fever, dengue, diarrhea, leptospirosis, hypertension and sore eyes. They were taught how to handle the diseases and what immediate action to be taken as first aid. They made them aware that personal hygiene and clean environment are very important to avoid any sickness.





Misean Cara Evaluation (October 27-28, 2015)



Payatas and Parola Center of ALSA-BUHAY Program were visited by external evaluator of Misean Cara last October 27-28, 2015. The monitoring and evaluation visit was conducted by Mr. Amante (Klaid) Sabangan, a Community Organizer and a Kapit Bisig Laban sa Kahirapan - Comprehensive Integrated Delivery of Social Services (CIDSS) of the Department of Social Welfare and Development (DSWD).

Mr. Klaid conducted focus-group discussions among local government officials, parents, learners, and staff of Pusong Pusong Edukasyon, Inc. Series of questions have been talked about, and personal experiences and stories have been shared as well. Primarily, the purpose of the visit is to evaluate the impact of the program to both communities of Payatas and Parola. Misean Cara is one of the international funder of Pusong Pusong Edukasyon, Inc.





The Living Rosary Formation

(October 30, 2015)



“The greatest method of praying is to pray the Rosary.” – Saint Francis de Sales

As a form of educating learners on their spiritual aspects, ALSA-BUHAY Payatas Center held formation to reflect and be lived the meaning of rosary. MS. Rodelyn Asturias, Instructional Manager and, headed this formation last October 30, 2015 at exactly 1:30pm. It was attended by learners of BLP, Elementary, and Secondary.

On the first part of the formation, Ms. Rodelyn presented the historical basis, practices, and underlying principles for the lives of Christians. It was surprising that almost half of the learners have little knowledge of how to use it and why it is being used. This maybe the best time for them to contemplate this form of Catholic culture and shared it to the people that surrounds them. Ms.

Rodelyn also left a simple message for them to reflect the holy rosary – **Remembering Our Scriptures And Renewing Yourself.**

After the short presentation, learners started to apply what they have learned. They began to light each candle in the living rosary and the prayers were also headed by them. They recited prayers of Apostle's Creed, Our Father, Hail Mary, and Glory be to the Father with the five mysteries included for the full prayer of the rosary.

Internalizing the value of rosary in the Catholic community is a fundamental responsibility of every Christian. Yet, it is another meaningful spiritual formation that edified this value to our learners.

Other Photos:





Mapping, Recruitment, and Enrolment for 4th Batch of Learners (October – November 2015)



From October 2015 to November 2015, ALSA-BUHAY staff together with some volunteer learners conducted mapping, recruitment, and enrolment for the 4th batch of learners in Payatas Center. The objective of this activity is to gather more potential learners that can be benefited from the program.

Different areas in Payatas were being mapped by the staff and volunteers. A house to house interview was also conducted to search for out-of-school-youths and adults. A referral system was also undertaken that allow the existing learners to refer their friends or relatives to register and enrol in the program. This activity is also a form of information dissemination of our program that tends to increase the awareness of foundation's advocacies in the community of Payatas.

As of writing this article, a total of 65 individuals had undergone Functional Literacy Test (FLT), interviewed, and officially enrolled in the program.

Other photos:







RECRUITMENT AND ENROLLMENT FOR 6th BATCH LEARNERS
(October - November 2015)



ALSA BUHAY program open a new opportunity for the lost, deprived and under privilege youth and people of Parola, The recruitment of new batch of learners started last Oct.1, 2015. The staff together with the learners and volunteers from Barangay started to search the community of Barangay 275 and Barangay 20 to reach out possible learners. Most of the people have positive perspective toward the program; they help us in information dissemination. A house to house interview was also conducted in order to search for new beneficiaries of the program. In the end of November, we recruited 60 new learners but enrollment is still on-going

Possible learners were sent in the ALSA BUHAY Learning Center to process their enrollment. They took Functional Literacy Test (FLT) to assist their intellectual level and needs. They also interviewed by Instructional Manager to recognize their prior learning, and by the Social Worker to know their personal and family background. Most of the enrollees shows excitement and gratitude for the new hope and changes that they will see in their life through our program.





Information Dessimination : Posting flyers in some houses.



Livelihood Program In-Action (Payatas) (November 04, 2015)



Last November 4, 2015, the Livelihood Program has just been started and hoping to be successfully duplicated in Payatas Center for the benefit of ALSA-BUHAY learners. Mrs. Lucita Lachica, Livelihood Coordinator set off this meaningful standpoint. Held at Payatas Youth Center, it was attended by learners from BLP and Elementary in the morning session and Secondary learners in the afternoon.

On the first part of the seminar, Mrs. Lucy allowed learners to give their expectations for the said topic, for the co-participants, and for the facilitator. Moving on to the next part, Mrs. Lucy encouraged learners to reflect and perceive their dreams through an activity called "Mangarap Ka." In this activity, learners have to enumerate their dreams for themselves, for their family, for their community, and the specific driving force that inspires them to dream. As Mrs. Lucy said, our dreams is the starting point of everything.

On the last part of the session, the facilitator discussed budgeting, and finally, she gave homework for the learners on how their family manage their financial resources.

The second part of financial education continued last November 06, 2015 in which election of officers was taken place. Diana Bonife, a secondary learner was elected as Livelihood President. In addition, savings was also taught. They were re-oriented on family and personal budgeting through an activity provided by Mrs. Lucy.

Other photos:



During the dynamics given by Mrs. Lucita Casero for Elementary learners



Mrs. Lucita together with the Secondary learners while giving an activity and lectures



Learners having a group activity regarding budgeting and savings



Taken during the second part of financial education



DepEd Monitoring in Parola Center


(November 05, 2015)




Department of Education (DEPED) ALS Manila mandated that all schools (Deped or Non Deped organization) must be monitor by its authorized Personnel. As part of this mandate, Pusong Pusong Edukasyon, Inc. ALSA-BUHAY program was visited by NGO DALIS Lead Monitor, District 1 to 3, Dr. Veronica Alcazar last October 23 and November 05, 2015. Documents were presented to her including lesson plan, log book, Enrollment report, attendance notebook, Learners Portfolio, Learners Information Sheet (LIS), and Individual Learning Agreement (ILA). The outcome of this assessment was very positive.

Dr. Alcazar was very convinced that we actually doing our duty as their partner in the implementation of Alternative Learning System (ALS) program. She also observed the Elementary class discussion, and in the end, she was very happy about our program. She offered her willingness to be a resource person in any formations as she wants to share her time and knowledge in our learners.






DepED
ALTERNATIVE LEARNING SYSTEM
Division of City Schools, Manila




MONITORING REPORT

DISTRICT: I-III SCHOOL: _____ ALS IMPLEMENTOR: WENIE E. BALARAN

DATE	LESSON PLAN	LOGBOOK	ENROLMENT REPORT	ATTENDANCE NOTEBOOK	LEARNERS PORTFOLIO	LEARNING CENTER	LEARNER'S INFORMATION SHEET	INDIVIDUAL LEARNING AGREEMENT	APPROVED & NOTED BY THE PRINCIPAL	REMARKS
10-22-18	WHS/DE SCOT	✓	✓ PAB	✓	✓	113	✓	FACE TO FACE		


 DR. VERONICA ALCARAZ
 DISTRICT I-III NGO-LEAD MONITOR


 JANETTE BALCONILLO
 SOCIAL WORKER

 PAROLA PROGRAM SUPERVISOR

Photos during the monitoring and a copy of checklist used by NGO Lead Monitor



Livelihood Program in Payatas: Product-making (November 11, 2015)



Pioneering the Livelihood Program for ALSA-BUHAY learners, Mrs. Lucita Lachica visited again Payatas center for the actual production of its first products. These include fabric conditioner and dishwashing liquid. The activity was held at Payatas Center last November 11, 2015, at exactly 1:15pm. It was attended by BLP, Elementary, and Secondary learners.

A return demonstration activity was conducted after Mrs. Lucy showed the proper ways of making the products. She also gave tips and things to remember in order to come up with good quality products. She then explained the projected net income of those two products which all learners can be benefited. After which, marketing skills were also talked about to gain more buyers and eventually has the potential to expand the livelihood program.

Other photos:



The actual product making that being carried out by some learners



Packaging of dishwashing and fabric conditioner together with ALSA-BUHAY learners



Young Mothers' Formation: Care of the New Born, Gratitude and Trust (November 13, 2015)



Last November 13, 2015 (Friday), second session of young mothers' formation came about. It was held in in New Manila Sister's convent. It was attended by 6 young mothers; 2 from Parola and 4 from Payatas center. Some of the participants were not able to attend because of important reasons.

The activity started with a short inspirational video followed by the "Glory be." The preliminaries were done with the lead of social workers. Mrs. Lea Soriano, RN talked about the care of the new born. She shared some important details on breastfeeding: its common positions, burping positions and the benefits of breastfeeding to the new born baby. After that, participants had the opportunity to ask and clarify some superstitious beliefs.

In the afternoon, Sr. Guadalupe Olano, SDS continues the discussion about the other core values of stewardship. She tackled about "gratitude" and "trust" that a stewards need to possess. She emphasized that as a good steward, we need to possess the attitude of gratitude; stop, return, and give thanks to the source of goodness (God). Also, she highlighted the importance of trust; she shared that God is the sole person who has the control for everything. Trust denies the following myths; "I am the center, Life is all about me, I have the control".

Participants were very grateful for what they had learned in the said topic. The activity ended with a prayer lead by Mrs. Nancy Delos Santos, one of the participants from Parola center.

Photos during the formation:





Thanksgiving Mass for November 2015



"Heaven and earth will pass away but my words will never passed away". ~Luke 21:33

A thanksgiving mass was celebrated in both centers of Parola and Payatas. The Holy Eucharist was led by Fr. Francis Teo Kean Seng, from Missionary Community of St. Paul the Apostle in Parola Livelihood Center last November 27, 2015 while Fr. Roland Jaluag, Parish priest of Kristong Hari headed the mass in Payatas Youth Center last November 13, 2015. It was attended by ALSA-BUHAY learners from all levels and staff as well.

In Parola, the homily was focused on the upcoming Advent Season. In line with the recollection given by Sr. Mila P. Singap, FLP, and Br. Paul Vincent Galgo, SDS, these two topics were highlighted by Fr. Francis. The first point was about the passion. The second point was the Season of Advent. This includes on how we prepare ourselves on the celebration of Advent aside from preparation of our physical appearance, we should also consider our Spiritual aspect on how we accept God in our lives.

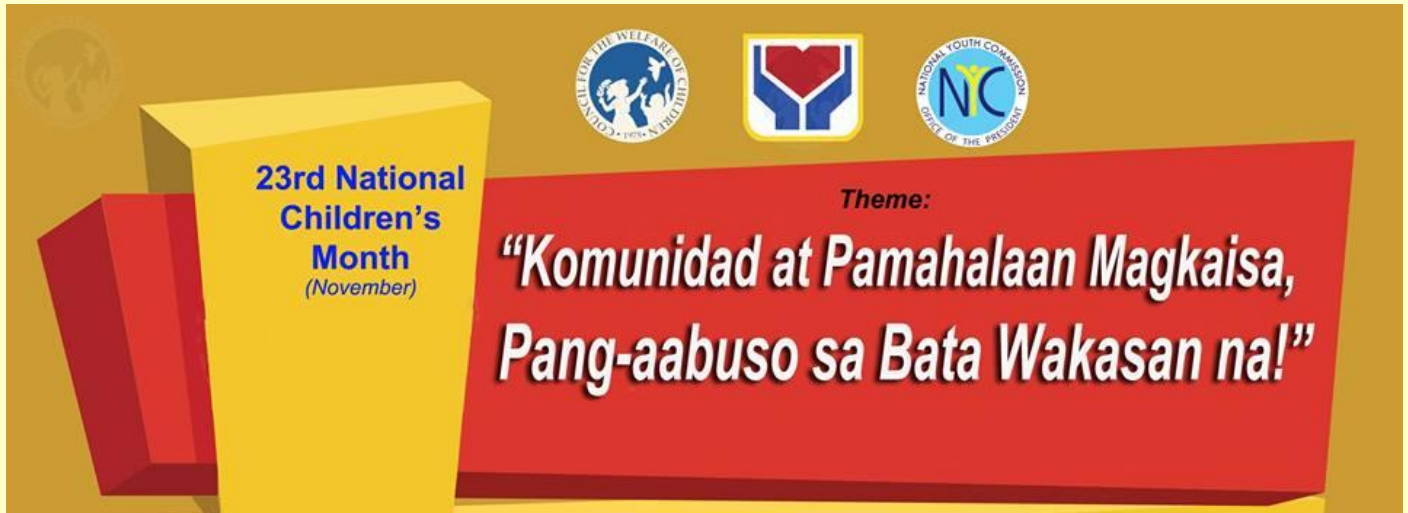
In Payatas, the homily concentrated on the Holy Gospel of the Lord coming from Luke 17: 26-37. Fr. Roland highlighted different kinds of opportunity that we encounter in our life. He stressed that an opportunity is a blessing from God that we should take and be responsible about it. Other forms of opportunity include the opportunity to share, opportunity to love, and opportunity to be the children of God.

Photos during Parola and Payatas Thanksgiving Mass:





National Children's Month 2015
(November 21, 2015)



Last November 21, 2015 (Saturday), the 23rd National Children's month celebrated with the theme of *“Komunidad at Pamahalaan Magkaisa, Pang-aabuso sa Bata, Wakasan na!”*

The celebration was launched at the Quirino Grandstand, Rizal Park. The activity was spearheaded by the Council for the Welfare of Children (CWC) in collaboration with Department of Social Welfare and Development (DSWD) with the partnership of National Youth Commission (NYC). Children and youth sector coming from different area of Metro Manila join and participated the said event including the ALSA-BUHAY Parola learners from Puso sa Puso Edukasyon, Inc.

Photos:







ALSA-BUHAY Payatas 4th Batch of Learners' Orientation (November 23, 2015)



It's another year in ALSA-BUHAY Payatas Center for the set of new batch of learners. New faces, new hopes, and new experiences will about to happen. To begin with this new opportunities and challenges, the ALSA-BUHAY Payatas staff conducted an orientation that allows new learners to grasp information about the program and welcome them as one family that strives for a better future. This was done at Payatas Center last November 23, 2015 at exactly 9:15am. It was attended by 4th batch of learners together with their parent/guardian.

On the first part of the orientation, a video presentation about the brief history and advocacy of the foundation were shown to the attendees. After that, we moved to the orientation proper. Sr. Frances Mangabat, SDS, gave welcome remarks and discussed the history and the people behind the program. Moving forward, Ms. Rodelyn Asturias, an Instructional Manager, shown pictures and discussed activities in ALSA-BUHAY in the past years. Mr. Jeremie Cruz on the other hand explained the ALS curriculum and program under the Department of Education while Mr. Edwin Guevarra talked about classroom management. Finally, Ms. Joceline Basconcillo discussed the contract information and signing of contract took place subsequently.

An open forum was initiated by the staff in order to clear some of parents' or learners' concerns. The orientation was concluded by Sr. Frances with closing prayers afterwards.

Other photos:



Mr. Edwin Guevarra led the opening prayer for the orientation



Sr. Frances discussed the brief history of Puso sa Puso and the ALSA-BUHAY Program in Payatas



The new batch of learners signing their contracts together with their parents/guardians



6th Batch Orientation (November 25, 2015)



This was the day for new life and new hope for our new learners. However before they start to enjoy the benefits of being ALSA BUHAY learners, they must have an orientation first. The 6th batch of learners' and parents' orientation happened last November 25, 2015 held in ALSA-BUHAY Livelihood Center of Parola. The attendees were both learners and parents.

The orientation started with warmth welcome remarks given by one of the Instructional Manager, Mr. Bryan Gler. It was followed by the discussion about Alternative Learning System, and how it was delivered through our program ALSA BUHAY by the Instructional Managers. On the other hand, Mr. Darren Ilarina and Ms. Mylene Ballaran discussed Puso sa Puso Edukasyon, Inc. history. Organizational structure is also talked about by the Program Coordinator, Sr. Frances Mangabat. Livelihood program was also discussed by its Coordinator, Mrs. Lucita Lachica. Memorandum of agreement which contain the responsibilities of learners, parents and the organization throughout the program was also given and clearly explained by our Social Worker, Ms. Jennifer Basconillo. The signing of MOA then took place. Sr. Mila P. Singap, Parola Supervisor gave her word of encouragement for both learners and parents to support and finished the program.



Registration administered by our volunteer learners.



Mr. Bryan Gler welcome the Parents and Learners as our 6th Batch Bennificiaries.



The discussion of ALS and how it is delivered through ALSA BUHAY program.



Parents and learners gave their expectations and knowledge about Alternative Learning System.



To make the orientation more lively, the participants enjoyed the Ice Breaker Dance.



Puso sa Puso Edukasyon, Inc. and its program introduced by Sr. Frances Mangabat.



The discussion and signing of Memorandum of Agreement (MOA).



Learners and parents encouraged and challenged by the Parola Supervisor to finish the Program and achieved their goal in life.



Advent Recollection (Parola) (November 26- 27, 2015)



The season of Advent is a time of preparation for the coming of the Lord. In line with this season, the 5th batch of ALSA BUHAY Learners had recollection at Puso sa Puso Livelihood Center, Delpan Binondo, Manila last November 27, 2015 from 9:00 AM to 2:00 pm. The facilitator was Brother Paul Vincent Galgo, SDS with a theme "Advent Recollection: Building for the coming of the Lord." Meanwhile, the Advent recollection for 6th batch of learners happened the [day before] it which started at 10:00 am up to 3:00 pm with the theme "New beginning, New life", at the same place headed by Sr. Mila Singap,

The recollections for both sessions mainly focused on building their selves as offering in preparation for the coming of the Lord and their life purposes.

A group sharing also took place after the talk that helps learners to understand their own and other life circumstances.

The advent recollection for both batches turned to be successful and fruitful for the learners. Everyone enjoyed and reflected well in the activity that can guide them with their studies and on their personal lives as our beneficiaries.

Photos:



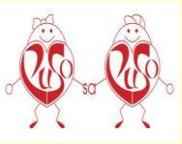
Br. Paul explaining the objective of the sharing activity.



Taken during the sharing session in line with the activity



Advent recollection for the new batch of learners



Advent Recollection (Payatas) (November 28, 2015)



The Liturgical year begins with the season of Advent for the Christian to recall the joyful expectation of the two comings of Jesus Christ into the world. The first of these comings happened when He became incarnate in the womb of the Blessed Virgin Mary and was born on Christmas day. The second coming will take place on the last day when he will come in glory to judge the living and the dead.

This year's Advent Recollection was conducted last November 28, 2015 (Saturday) by John Gabriel Billanes, one of the servants from Commission on Youth, Diocese of Novaliches and St. Benedict Chapel. The activity held in Sagrada Familia Chapel and it was attended by 50 learners from 3rd and 4th batch. It started with a spontaneous prayer lead by Mr. Edwin Guevarra. Getting to know you activity and setting of rules was done by the resource speaker. After that, he imparted the meaning of Advent.

Since year of the poor on our liturgical calendar is near to end, the resource speaker relates the topic on the celebration of the "Year of the Family".

The facilitator gave workshop activity as well. He asked the participants to draw the unforgettable happiest moment in their life. After that, small and big group sharing was done. Some of the participants became emotional while telling the stories behind the pictures they draw.

The last part of activity focused on contemplation. In silence, the participants were asked to close their eyes and return back on the scenario in the pictures. They were able to reminisce the moments in the past together with their family and loved ones.

Participants had the chance to ruminate the meaning of season of Advent. It made us realize that to find joy and happiness we need to strengthen our relationship with God and draw inspiration from the goodness of others. The activity ended with a prayer lead by Mr. Guevarra.

Photos:



Payatas Advent Recollection facilitated by John Gabriel Billanes, member of Commission on Youth and ICare Program



Health Seminar Conducted by Ateneo Medical Students (November 28, 2015)



28 November 2015, Saturday, the Ateneo Medical students conducted another session of health seminar for the parents of "Eskwelahan ng Buhay" particularly in Gate 17, Tondo Manila. It was held in Social Hall of Barangay 20, Zone 2. The main objective of this activity is to give awareness and to impart additional understanding on how to cure the common sickness that we experience on our daily living.

The activity was successfully conducted through the collaboration of Puso sa Puso Edukasyon, Inc. with the assistance also by the Barangay Unit/ Local Government Unit (LGU). The said activity was attended by 20 active parents.



This photo was taken after the activity together with the SDS volunteers and Sr. Mila P. Singap, FLP, Parola Program Supervisor



These photos were taken during the second part of the activity sharing portion on their health issues and concern.



Parents' Formation:
“Hamon sa Pagmamagulang at Pagpapalakas ng Relasyong Pampamilya”
(November 28, 2015)



A parents' formation was conducted by Ms. Anabelle Lo which entitles “ Hamon sa Pagmamagulang at Pagpapalakas ng Relasyong Pamilya” which has the main objective of knowing and understanding the main role of a parent and on how to strengthen the relationship among the family. It was attended by 15 participants from 3rd and 4th batch parents and guardians.

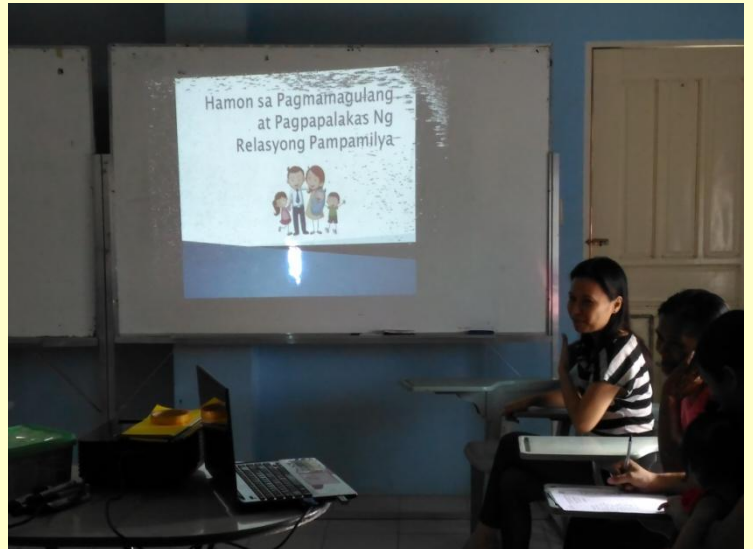
It was started through an opening prayer led by Anlyn Cardinas followed by questioning of speaker to the participants if how are they being a parent, and she also asked if what are the challenges of becoming a parent. The formation focused more on how they will become a good parent to their child through the following:

- Family planning – Becoming a parent should always have plan between the wife and the husband to have a responsible parenthood.
- Four Styles of Parenting – Different styles of parenting depends on them on how they will discipline their child.
- Gender Sensitivity – Parents should be aware to their child and should have equal treatment to them regardless of the gender.

The speaker emphasized the activity proper by asking “How did I became a parent? And most of the answers of the participants said that they became a responsible and loving parent to their child.

A closing prayer led by Maria Victoria Muedan to end up the formation.

Other photos during the formation:





“Pasiklab 2015”
(November 29, 2015)



Every two years, Mother of Divine Providence Parish conducted a youth gathering activity called “Pasiklab.” Fortunate enough, this year, learners of ALSA-BUHAY experienced to be part of the said activity. It was held in front of parish last November 29, 2015 at exactly 1:00pm with hundreds of youth in Payatas gathered for one purpose. The theme for this year is “#walang POORever” or can be translated as “No poor forever.” It is a very timely theme since we also celebrating the “Year of the Poor” in the Catholic community. The main purpose of the Parish Youth Day is to gather and unite the youth of Mother of Divine Providence Parish to celebrate faith, hope, and love for the Eucharist.

The activity started with a preliminary talk and orientation conducted at ALSA-BUHAY Payatas Center with Ms. Cristina Yuson, a public school teacher and a Parish Youth Treasurer, acted as facilitator last November 27, 2015 from 1:00pm to 5:00pm. The 3rd and 4th batch of learners partake the said program. Learners engaged in reflective activities about their dreams and aspirations in life and how they can able to achieve it.

On the day of the main event, according to the facilitator of the program, this Parish Youth Day was started last 2005. During the main activity, participants enjoyed dancing and singing, and a group dynamics were taken place that made the program more fun and interacting. Learners had the chance to work together with other youth. They were divided into 14 groups and each group undergone activities based on the module set by the organizers.

We're looking forward for continues engagement of our learners to this kind of event as it increases their sense of community and can develop their confidence, leadership, and being a team player. Most importantly, this event aids them to be more active in church as a youth that serve for God.

Other photos:



ALSA-BUHAY Payatas participants



Activity area (in front of Mother of Divine Providence Parish)



During the opening prayer headed by Mr. Arjon Dela Paz, a former ALSA-BUHAY Payatas Instructional Manager



(On stage) Ms. Rodelyn Asturias, Payatas IM, promoting the ALSA-BUHAY program to all attendees



Simultaneous group activities participated by youth from different chapels in Payatas

