Puso sa Puso Edukasyon, Inc.

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Our World.



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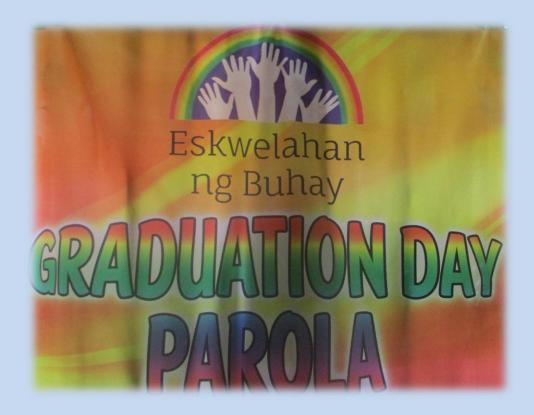
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2nd Eskwelahan ng Buhay Graduation Day in Parola



2nd of July, 2015 is the day where something ends and everything begins. Truly, little things matter, and on this day, little children had achieved the first and quite a little step on their journey to success.

At exactly one o'clock in the afternoon, the graduation of the **Eskwelahan ng Buhay** had begun. To start with, Sr. Mila P. Singap, FLP (Program coordinator) led the opening prayer. After that, singing of the Philippine National anthem has been conducted. The program formally started by singing "Kung Ikaw ay Masaya", "Let it go" and "Ako ay May Lobo", Tagalog children songs with the participation of two volunteers from Payatas – Larissa and Eva. Parlor games were provided as well headed by Mr. Darren Ilarina, Instructional Manger of ALSA-BUHAY. It became livelier when the students take the beat and follow the rhythm by dancing the song entitled "Fliege Lied" a German children song.

As the main focus of the program, the distribution Certificates of the graduates had transpired and after a minute, the volunteers/teachers gave a short heartfelt message to the students.

Afterwards, a closing prayer was also led by Sr. Mila P. Singap, FLPS

All in all, forty four (44) attendees had witnessed the graduation ceremony of Eskwelahan ng Buhay under the program of Puso sa Puso Edukasyon, Inc. These include the children, parents and volunteers.

As the saying goes, "Education is the key to success". It matters most to anyone who desires to achieve their ultimate goals in their life. Poverty is not a hindrance on top of studying. In fact, it can be an inspiration to those who are striving for success. If you fail, try again and find a way to win against failures. These little graduates are just few of the proof that over hindrances, you can still found rainbows on top of it.





Awarding of Certificates to the children together with the Volunteer Teachers from Germany





DUNKE! : A Farewell Party for Volunteer Teachers

Last July 15, 2015, a Farewell Party was set for the volunteer teachers assigned in Parola for they have successfully finished one year volunteerism program in Parola compound under Puso sa Puso Edukasyon, Inc.

The program was headed by the Parola staff with the coordination of Parent volunteer leader of each designated area of Parola compound.

It was started at around three o'clock in the afternoon held at ALSA-BUHAY Center with the support of Sr. Frances Mangabat,SDS and Sr. Mila P. Singap, FLP with the special guest - Larissa Delonge, volunteer teacher from Payatas.

The parents gave a heartfelt message to volunteer teachers who have shown their passion on dealing to different kinds of children in the community of Parola. They never fail to help and teach the children despite of the situation and their behavior. After a long day run of being involved and acted as main actor of Basic Home Based Tutorial Program under Puso sa Puso Edukasyon, Inc., the folks somehow recognized and well-appreciated their work as a volunteer teacher. It was indeed acknowledged especially when the time of immediate response of fire tragedy which really touches the life and heart of each family.

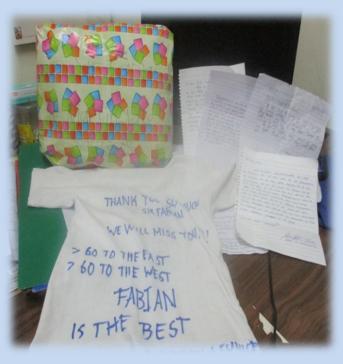
Photos:







A simple yet meaningful volunteered presentation from one of the relative of a learner in Parola



A token of appreciation was given to Mr. Fabian Weirer





Michael and Daniel expressed gratitude and gave a short heartfelt message to the parent and children to their overwhelming support.





Eskwelahan ng Buhay – Graduation Day Payatas

(July 15, 2015)



Its incredible how fast time runs and after 11 months of teaching the kids in Payatas, on July 15, 2015, the second batch of Eskwelahan ng Buhay already had their Graduation Day in Payatas. The preparations of the big event for the kids started a week before. The two volunteers – Eva and Larissa made graduation pictures of the kids and handed out the invitations. Since Eva had to leave earlier, Larissa organised the rest with the German volunteers of Parola and the Payatas staff.

The graduation took place in the Sagrada Familia Ground at 9 o'clock in the morning with 49 kids and their mothers or other relatives. It started with the Philippine National Anthem and afterwards, the opening Prayer led by Sister Frances. After that, Larissa and the boys were singing and dancing to the songs the kids already have known from their daily lessons. Especially the German song "das Fliegerlied" and "Let it Go" of the movie Frozen were the highlights for the kids. After that, Larissa distributed the certificates and the portfolios of all the drawings and pictures that the two volunteers were collecting over a year.

Finally, Larissa read her "Thank you" message followed by Eva's message read by one of the German volunteer in Parola. Some of the kids and mothers were also gave their "thank you" messages to the volunteers of Payatas.

The event completed by the closing prayer by Sister Frances and group pictures.

Thereafter food and presents for the kids and mothers were distributed.

"We thank everyone who supported our work in Payatas and are happy that we were able to make this amazing experice. We will definitely miss our kids, Payatas and Puso sa Puso." - Eva and Larissa

Photos:

















Livelihood Training: Perfume Making

Last July 24, 2015, (Friday) another skills training conducted at Puso sa Puso Livelihood Center to the 22 secondary learners spearheaded by Mrs. Lucy Lachica, Puso sa Puso Edukasyon, Inc. - Livelihood Coordinator together with Ms. Malou Olanga, Parish Social Service Coordinator of Our lady of Good Voyage Parish, Tondo.





Ms. Malou Olanga, PSS coordinator presents an actual procedure of making a homemade perfume.





The photo was taken during the actual involvement of secondary learners in making the perfume.





Daily Feeding Program of Parola Centre

"Keeping children in school while improving their learning and health"





Preparing the lunch meal of the basic literacy learner



The learners also develop their spiritual well-being.









Basic Literacy Program learner enjoying their nutritious lunch provided by the Puso sa Puso Edukasyon, Inc.







Personal Safety and Protective Behaviour (Parola)

Last July 25, 2015 at around 10:30 in the morning, another life skills training was given to the ALSA-BUHAY learners held at Puso sa Puso Livelihood Centre. The skill training was headed by Sr. Adeline Abamo, SDS.

A short recap was deliberated by Sr. Mila P. Singap, FLP to the ALSA-BUHAY learners concerning with the Memorandum of Agreement (MOA) between the learners and the Puso sa

Puso Edukasyon, Inc. Welcome remarks was led by Sr. Mila P. Singap, FLP the Program coordinator of Parola. The opening prayer was led by Kimverth Tiu, one of the active secondary learners of 5th batch. Sr. Adeline do recapped the topic they had tackled before. She then introduced the topic to the young learners of ALSA Buhay; "*Protective behaviour*" which refers to the behaviours that enables the children to recognize situations in which their personal space and sense of safety may be recognized.

It is important that children and young people develop personal safety skills from a well-presented and well-structured personal safety program. Protective behaviours develops personal safety skills that can be used by children, young people and adults to keep them safe and work towards reducing violence and abuse in the community.



A short recap re: Memorandum of Agreement (MOA) was discussed by Sr. Mila P. Singap, FLP

After feeding the minds of the learners, sharing of the learners' fears and bad experiences took place. Sr. Adel reminded once again the learners about the essence of confidentiality on what the co-learners disclosed at the time of the activity.









An activity has been presented to the learners in relation with the topic of "Personal safety and protective behaviour".





Monthly Mass for July 2015





Enriching the spiritual lives of our learners, another mass has been conducted at ALSA-BUHAY Learning Centers in Payatas and Parola. For Payatas Center, it was held last July 31, 2015 at exactly 9:00 in the morning conducted by Fr. Roland Jaluag, a Parish Priest of Kristong Hari. On the other, in Parola Center, it was held at Our Lady of Peace and Good Voyage Parish, in Tondo, Manila, on July 24, 2015, at 9 o'clock in the morning presided by Fr. Domingo Saladaga Jr, an Augustinian Recollect priest assigned in the said Parish. It was attended by the staff and learners of ALSA-BUHAY comprising the BLP, Elementary and Secondary.

In Payatas, the Homily of the mass was concentrated from the theme of rejection and acceptance (Matthew 13:54-58). Accordingly, people are fear of being rejected but the hardest is self-rejection that tends to unloved our selves. As per Fr. Roland, rejection can destroy our soul and we should not compare our self to others because the moment that we start comparing, we also start rejecting our self. We must embrace ourselves like how Jesus embraces us especially in the moment of sorrow and darkness. We should treat ourselves special, empowered, loved and for heaven for us to fight the disturbing effects of rejection.

Meanwhile in Parola, the Gospel came from Matthew 13: 18-23, interprets the "Parable of the Sower" which was explained very clearly by the presiding priest. In his homily, he stressed, that "our Faith is like an ordinary seed that needs to be taken care of, watered regularly, and fertilized by regular listening to the Word of God, participating in Mass and involving in other spiritual enrichment, for it to take root deep, grow tall and bear much fruit in good life and works. Such is the purpose of Puso sa Puso in having Mass every last Friday of the month for its beneficiaries and their parents, to help them to grow in their spiritual life; to deepen their personal relationship, faith and love for God and others.

A quality education does not confined with intellectual capacities only but the spiritual aspects as well. It was indeed another spiritual learning and opportunity that have been pondered to all attendees of the mass.

Parola Mass Photos:





Aaron Barizo, one of the active learners from elementary level who also the altar server at Our Lady of Peace and Good Voyage, Tondo



Photos during mass in Payatas:











At the end of the mass, Fr. Lando gave blessings and prayers to the whole staff of Payatas center as we officially welcome the new Instructional Manager, Ms. Rodelyn Asturias





ALSA-BUHAY Payatas Team Building Activity

(July 08, 2015)



Last July 08, 2015 (Wednesday) Payatas ALSA-BUHAY Staffs conducted teambuilding activity for the 3rd batch learners. It was held in CJ Gomez resort which is located in Rodriguez, Rizal. A total of 50 learners attended the said activity comprising the BLP, Elementary and Secondary level.

The purpose of the said activity is to enhance the leadership skills of the learners, to emphasize the essence of cooperation and sense of unity among themselves, to build a stronger relationship and cohesiveness among themselves, to develop respect and acceptance for the abilities and limitations of each individual and to use effective communication skills in group interactions.

Through different challenging games/group dynamics, the learners were able to learn that as one group they need to listen and be open on suggestions and ideas given by every member. They realized that they need to accept differences within the group. They also realized that conflict and misunderstanding are part of the life of the group and they just need to settle it through proper, humane and open way of communication. They even realized that when they want to achieve something better, they need to strategize/plan, and work together. Because Together Everyone Achieves More, as per Mr. Arjon Paul Dela Paz who gave synthesis on the activity.

The event turns to be successful and fruitful as the participants partakes well in the different games prepared by the Payatas ALSA-BUHAY Staffs and somehow they had realization in working as team. Everyone really enjoyed the whole day program and through God's guidance and protection everyone safely back home around 4 in the afternoon. We are hoping that they will apply what they've learned in the activity to their everyday lives

Group Photo



Other photos during activity



"Human Bridge"



"Balls and straws"



"Polo Relay"



"Caterpillar walk"



"Photos after the activity"





ALS- Qualifying Exam @ San Francisco High School (Photos only)











Photos during the review sessions (Payatas)













ALS Qualifying Exam and A&E Registration

(July 16 – August 15, 2015)



Learners of Payatas Center under Puso sa Puso Edukasyon, Inc. are challenged again and step up during the ALS Qualifying Exam in San Francisco High School, Quezon City. From July 16- August 15, 2015, all ALS learners in Quezon City must undergo first and passed the Qualifying exam administered by the Division Office of Quezon City under the Department of Education before they are able to registered as A&E test taker this coming November 8, 2015 in NCR. It aims to assessed and diagnosed learners' needs including their intellectual capacities and essay writing skills.

Together with the staff of Payatas Center, 11 learners from the Elementary level, and 49 learners from Secondary Level took the challenged from these span of time. Meanwhile, 9 learners from the 2nd batch who failed the A&E last time were registered automatically. With God's grace and outpouring blessings, all learners who took the exam from the 3rd batch successfully passed and registered for this coming A&E exam.

Truly, with God, nothing is impossible. To God be the glory!

Photos during ALS Qualifying Exam and A&E Registration:

















Puso sa Puso Staff Team Building 2015

(August 7-9, 2015)



Last August 7, 2015, staff of Puso sa Puso Edukasyon, Inc. headed by our president, Fr. Artur Chrzanowski, SDS, gathered together to another exciting and ecstatic staff experiences. It was a 3-day activity that took place in Canoe Beach Resort in San Antonio, Zambales. New volunteer-teachers from Germany and teachers of English Language Development Program (ELDP) of Salvatorians also joined the said activity.

A perfect place to collaborate, enhance staff's relation and build stronger bond towards achieving one mission, each has an important part for this activity. On the first day of our sea, sky, and sand experience, Fr. Artur, together with the ELDP teachers of Salvatorian proposed an Intensive English Proficiency Training to the staff of Puso sa Puso. It is a form of staff development in which later agreed by all since it will be beneficial not only in the professional growth of staff but also to the learners as well. Later in the evening, Mr. Christian Inocencio, Vice President of the foundation, reiterated the "Attendance and Discipline Policy" for better, productive, and harmonious relations amongst all staff.

On the second day, Ms. Mary Erika Bolaños, an Assistant Professor at University of Santo Tomas, Institute of Religion, lead the workshop with a theme, "Blessed. Broken. Shared. Sharing on Servant Leadership" that enlightens, inspires and become relevant to all attendees. "God call us to serve and God prepared us to serve," as it reflected to the first session of the workshop. It was also being highlighted the importance of having sense of purpose, constructive experiences, relational styles, vocational skills and enthusiasm. The second session focused of being "broken." An activity called "Garbage" taught each of us on how turning garbage of our own into productive one that are like turning scars into stars. Lastly, the session talked about being "shared." If pains and troubles shares, it will be lessen and it should accompany our head, heart and hands to the others.

On the last day of our stay in an unwinding place of Zambales, Fr. Artur conducted a mass. Informative and at the same time solemn mass has been evident in the atmosphere of the room.

All the profound learning, acquaintance and experience sum up another memories to all staff and equate to a more abundant blessings to the people we serve.

Photos:





Our arrival to the very serene place of San Antonio, Zambales





Indeed, the staff getting the most out of this delightful experience.





With Ms. Mary Erika Bolaños, our guest speaker for our workshop in servant leadership





Some of our indoor and outdoor activities during the workshop





Unplanned yet fun-filled – trekking to the hidden falls and playing beach volley





Till next time. Thank you Fr. Artur and to the whole funders of Puso sa Puso Edukasyon, Inc.





3rd Foundation Day and "Buwan ng Wika" Celebration

(August 25, 2015)



Continuing the mission of uplifting the lives of Filipino youth, ALSA-BUHAY Payatas under Puso sa Puso Edukasyon, Inc., celebrated their 3rd Foundation Day in Payatas B, Quezon City last August 25, 2015. In addition to this, the yearly celebration of "Buwan ng Wika" was also observed on the same day. It was attended by learners from BLP to Secondary, staff, and various guests including the San Beda College-intern students and Salvatorian brothers from Vietnam.





The program commenced with a 'Thanksgiving Mass' presided by Fr. Wilson Catabay, whom the first Filipino Salvatorian Priest at exactly 9:50am. It was indeed a solemn mass and full of glory and gratitude to the Creator as every great thing happened to the foundation is all became possible because of Him.

Sr. Frances Mangabat, SDS, Program Coordinator and Supervisor of Payatas welcomed everyone to this memorable event and gave her opening remarks. Ms. Rodelyn Asturias and Mr. Jeremie Cruz, both Instructional Managers of Payatas hosted the program and oriented all the attendees

of what will they see and experience for this event. It was then followed by the introduction of panel of judges for the program's competition. Since it was also the celebration of "Buwan ng Wika" or Month of National Language, all performances should showcase the richness and diversity of Filipino language and culture.



Panel of Judges

Performances from the learners include Filipino folkdance "Maglalatik" and "Salidumay", Filipino folksong/nationalistic song – "Ako'y Isang Pinoy" and "Cotabato", "Sabayang Pagbigkas" (speech choir) with a piece of "Wikang Filipino sa Pambansang Kalayaan at Pagkakaisa" and "Balagtasan" (poetry debate) that tackled the issue of K-12 implementation in the Philippines. After their spectacular presentations, the "Sabayang Pagbigkas" group emerged as the champion of the competition.



The "Maglalatik" Group with Sir Edwin



Folksong group singing traditional song "Cotabato"





Female Elementary learners dancing with the tune of "Salidumay"

The poetical debate on K-12 implementation



The 'Sabayang Pagbigkas" group, 2015 Buwan ng Wika Competition Champion

After the major competition, afternoon activities include essay writing, slogan and poster making contests that based from the Department of Education theme for 'Buwan ng Wika 2015" which is "Filipino: Wika ng Pambansang Kaunlaran" (Filipino: The Language of National Progress).



One of the learners working with his essay



Poster-making contest participants

Other Photos:

















"Personal Safety and Protective Behavior (Payatas)"

(August 29, 2015)



An opening prayer led by Arlyn Visca followed by "Getting to Know Activity" facilitated by Ms. Annabelle Ayos, RSW of National Office of SPCC. It was attended by 50 participants. It was attended by 50 students from Basic Literacy Program (BLP), elementary and secondary level.

After the activity, Sr. Adel Abamo, SDS, who was the speaker of learner's formation reviewed the last session that they have been discussed including the Rights of the Child and Human Dignity. Learners are then divided into two groups which are boys and girls to have their sharing. This allows them to be more comfortable and at the same, confidentiality among genders will be observed.

Group sharing was allotted for two hours and it was guided by some facilitators who are Sr. Adel and Jocelyn Basconcillo for girls and for the other group, Ms. Rodelyn Asturias and Ms. Annabelle Ayos took charge of it. Most of the sharing were the following:

GIRLS: Some girls had shared their traumatic experiences such as in house or even in school. Some of them verbalized that they were not safe in their house because of abuse and also in school because they were bullied by their classmates/schoolmates.

BOYS: In general, they expressed that they were not safe in their community specifically in barangays such as in streets as most of the gang fights happened. In school, similar to the girls, bullying was also experienced when they were studying in public schools.

The activity was ended with a breath of fresh air. Most of them said that they felt lighter, gained more self- confidence and trust to their friends or classmates to share what they have experienced. Awareness was also being emphasized and it can really help them to prevent those unpleasant situations. Immediate and appropriate counselling was also given by Sr. Adel especially to those with serious circumstances. It was ended with a closing prayer led by Arlyn Visca, one of the secondary learners.

Photos:



Sr. Adel together with the guest speaker, Ms. Annabelle









A separate sharing and counselling of female and male learners.





"Acapulco Ointment and Perfume Making"

Last August 14, 2015, another activity was set up for the ALSA-BUHAY learners in connection with the Livelihood program of Puso sa Puso Edukasyon, Inc. The said activity is headed by Mrs. Lucy Lachica, Livelihood coordinator.

On the same date, learners had a chance to fill-up the livelihood membership form. Meanwhile, the video presentation of peanut butter making was presented to the learners as well.

Last August 21, 2015, Ms. Malou Olanga, Parish Social Service Coordinator from Our lady of Good Voyage Parish, Tondo facilitated another activity for the learners of Puso sa Puso Edukasyon Inc. They were able to learn how to make a perfume with Aqua scent for men. Additionally, making of the Guava ointment (herbal medicine) was also taught to the participants.

Photos during the activity:























"Parola Life Skills Training"

(August 22, 2015)

Last Saturday, August 22, 2015, the continuation of Advocacy and Life Skills Training on Teen Sexuality and Protective behaviour had been conducted by Sr. Mary Adeline Abamo, SDS. All in all, 40 learners attended the said activity that includes learners from elementary and secondary level.

Puso sa Puso's purpose in conducting this seminar is to determine if there are some abused victims from its beneficiaries; to enlighten their minds and promote awareness among them.

Preventive ways were given to help them avoid such traumatic circumstances, where they could be involved inside the community. The learners shared their practical knowledge gained from such a process, and by doing so, *Puso* sa *Puso* staff can adjust on interacting/dealing with them and enlightening their minds concerning sensitive issues.

Photos during the formation:

























"Buwan ng Wikang Pambansa 2015"

(August 27-28, 2015)



ALSA-BUHAY Parola celebrated this event last August 27-28, 2015 at Livelihood Learning Center, with the National Theme: "Filipino Wikang Pambansa Kaunlaran." This was headed by Mr. Darren llarina, Instructional Manager.

The event was divided into three major events. First, we conducted the "SLOGAN-POSTER MAKING CONTEST" which was held last Aug. 27, 2015. The event started at around 9:00 am and ended at 12:00 noon. There were nine learners who joined the contest from different levels. The learners show their talents and creativity in their slogans and posters. At the end, three of them won the contest and will be given medal. The winning art was judge based on the theme, creativity, originality and impact, and overall presentation. The learners really enjoyed this contest.

The 2nd part of the celebration was the "SOLO SINGING CONTEST" which was held morning of August 28. It started at around 9:30 am and ended at 10:40 am. The songs should be Original Pilipino Music (OPM). There were 11 learners from different levels joined the contest. They were really prepared and performed very well. The same with the slogan-poster making the announcement of the winners was hanged until the final event was not yet done.

The 3rd part of the celebration was the "CHORALE SINGING CONTEST". This was held at the afternoon of Aug. 28 at around 1:30 pm to 3:00 pm. There were six groups of learners from different levels but this time, our Basic Literacy joined the contest. Each group shows their talents, unity and enjoyment in their performances. At around 2:30 pm, the awarding ceremony took place. The following learners won the contest in Slogan-Poster making contest – Romnick Tarrayo (1st Place), Junie Carlo Gambalan, (2nd Place) and Joselito Ortega (3rd Place). In Singing contest, Jesrael Hermo (1st Place), Norebe Panghubasan (2nd Place) and Romnick Tarrayo (3rd Place). Meanwhile,

in Chorale Group Contest, Lower Elementary Group won the 1st place, Advance elementary Group was the 2nd Place and the Secondary Group earned the 3rd Place. The learners who won the contest received Certificates, medals and gifts. The event was totally enjoyed by everyone and the celebration of "Buwan ng Wikang Pambansa" was deeply felt by every one of us



SLOGAN and POSTER - MAKING CONTEST





SOLO SINGING CONTEST



CHORALE SINGING CONTEST



AWARDING CEREMONY





Monthly ALSA-BUHAY Mass in Parola

(August 28, 2015)



The Eucharistic celebration was held at Our Lady of Peace and Good Voyage Parish Church, Tondo Manila. It was started at around 11:00 am to 12:00 noon. The mass celebrant was father Frances Teo from the congregation of Saint Paul the apostle. The homily was from the Book of John 10: 7-8 which was connected to the life of St. Augustine, since this day was the day of his memorial as well. The message was centered in the call of conversion that everybody is called for changed and the only thing we will do is to search God. Father Frances challenged and invited all of the attendees to search for their conversion and to search God.







The Eucharist Celebration





General Orientation: Eskwelahan ng Buhay Payatas

(September 7, 2015)



Last September 7, 2015, parents and kids gathered together at Payatas ALS Center for the general orientation and signal the start of the new teaching period of "Eskwelahan ng Buhay." Social worker, Ms. Joceline Basconcillo, presented and discussed about the foundation and it's projects, especially the preschool program. Furthermore, the international volunteers – Stephan and Franziska introduced themselves. During the next year, they are going to teach basic skills e.g. Alphabet, numbers and colours to the children.

Other photos:





The parents and their kids who attended the orientation





Sport Fest 2015 (Learners' Team Building)

(September 9, 2015)



Last September 9, 2015, the Team Building 2015 for ALSA BUHAY Parola Learners held in Burnham Green, Luneta Park, Manila. It was held through Sport fest. The activity was focused on its theme, "Ating Tangkilikin at Palaganapin ang mga Larong Pinoy." We started at around 8:30am to 5:00pm. 68 Learners who joined this activity enjoyed the different Filipino games, such as baseball, "batohan ng Bola," sack race and "kadang" race. We divided the learners in four groups - yellow, green, red and blue team. And in the end, the blue team emerged as the champion with Jayson Ordaveza, a secondary learner, who held as the best player. The significant of this activity was we witnessed the strong bonding among the learners and they are now more knowledgeable in how to work for a goal as a group.



Group Preparation for Cheering Competition





Learners actively participates in different Pinoy games





Teaching of Essay Writing The ALS Way Seminar

(September 10, 2015)



Instructional Managers of both Parola and Payatas Center undergone seminar entitled "Teaching of Essay Writing The ALS Way." This is the second run of the said training which held at UP Diliman - College of Education Training Center last September 10, 2015. The seminar started at exactly 8:45 in the morning. Ms. Jinkee Molina acted as the emcee of the seminar. The program started with the audio-visual doxology followed by the Philippine National Anthem. Ms. Irene Barzaga, OIC, ALS Division Coordinator, gave her opening remarks to all. The seminar was attended by Mobile Teachers, District ALS Coordinators (DALSC), Literacy Volunteers, ALS implementers from local government and Non-Government Organization. House rules was given by Ms. Ria Herjas, Lead DALSC, for the smooth flow of the program while Ms. Angeline Malabanan, introduced the resource speaker for this fruitful event.

Prof. Maria Mercedes Arzadon, UP-NFE Department, headed the seminar and shared her expertise and knowledge in teaching non-formal education. To begin with, Professor Arzadon presented the current situation of educational system in the Philippines. She also emphasized the need of innovating education to boost its quality. After that, attendees had been grouped with their respective facilitators and various activities were executed. Best practices in teaching essay have been shared as well by the attendees and techniques as well were discussed by the speaker.

Awarding of certificates of attendance was given on the last part of the program. Another knowledge and awareness have been transpired to all of us. This is indeed a helpful tool to help our learners especially those who experiencing difficulties. Teaching essay is not just a requirement in passing the Accreditation and Equivalency Exam but moreover, it help learners to feel freedom, express their thoughts and ideas, and giving them privilege to be heard and have an opinion in this world.

















San Beda Intern Students Gives Back

(September 16, 2015)



Last September 16, 2015, various students of San Beda College gathered in Payatas Center of ALSA-BUHAY to give a simple joy and gratitude towards the learners. This has been possible with the continuous partnership of the school to our center by means of their Professor, Mr. Frederick Sanchez for the Community Exposure/Outreach Program.

On the first part of the program, San Beda students entertained the learners with their witty humour and talented skills in dancing and singing. After that, they gave a free lunch to all learners. The excitement continues as we approach the much-awaited raffle draw with a small business package prize. This consist of stove for burger and fries, burger patties, "streetballs" supplies (fishball, kikiam, squidball), cooking equipment, and Acrylic juice container. A learner from Basic Literacy Program, Jessica Albarida, won the prize and outpours her gratitude and joyfulness with this blessing.

Truly, God will use other people to help those in needs. And we're looking forward for the partnership to be more fruitful and meaningful for the benefit of the community of Payatas.





The students of San Beda College entertaining the learners with their talents before the main program.





During the distribution of free lunch to the learners





Group photo with Jessica Albarida (raffle winner) from BLP, together with the staff and some of the San Beda students and the business package (right photo) that she won.





"Personal Safety and Protective Behavior Part 2"

(September 19, 2015)



An opening prayer led by Sister Adel Abamo, SDS, through a video presentation entitled "Harmony of Peace" and followed by reflection from learners. It was attended by 28 learners from different levels of ALS Buhay Program.

A continuation of "Personal Safety and Protective Behavior" was reviewed by Sis. Adel by asking some learners. The have learned if what particular place or area they are not safe, for the boys, most of the places that they were scared of is at their kitchen in their house and for the girls, rooms and stranger persons were their afraid of.

Sister Adel asked also the learners if what are the factors that they need to consider to avoid the abuse cases and these are the following: self-defense, Martial Arts, self-respect, choosing the person you want to be with or wisely choosing of friends, wearing of appropriate dress, avoidance of vices and flirting, prayers, and following curfew hours.

An activity was given also to learners by having a reenactment or demonstration of different kind of touches as part of the abuse cases. Genevive and John Person volunteered to have a dynamic for the said activity by showing to their classmates the safe touch, confusing touch and unsafe touch. After their re- enactment, Ms. Celine and Sir Edwin also showed the kinds of touches also and how they will defend theirselves.

The formation was ended through asking the learners if what they have learned and most of the learners know already on how they will protect theirselves. And followed by a closing prayer led by Jadiel.



Learners re-enacting appropriate and inappropriate touch guided by Sr. Adel



Group photo of learners with Sr. Adel and Payatas staff





"Keeping Your Child Safe From Abuse"

(September 19, 2015)



A recap of the leaners' formation was asked by Ms. Jannalyn Palomique(guest speaker) if what are the things that they learn from Sister Adel. She gave an activity to parents and learners into two groups in which they need to answer the question: 'What are the present situation that they can observe in their community either in positive or negative side?"

Most of the outcomes of their activity works were the following: discipline of the child and youth, abused of chilld, gambling and drug addiction, and in the positive side were curfew of the barangays and progams given to the community.

Ms. Janna gave emphasis on the classification of child abuses which were the following: Physical, Emotional, Mental, Sexual and Verbal Abuse. She gave focus on the abuses which were needed by the participants for the awareness.

The formation was ended by asking learners if what they have learned, and most of the learners have known already on how they will protect themselves. This was followed by a closing prayer led by Mr. Edwin Guevarra.













Financial Education Seminar in Binondo Area

(September 19, 2015)



Last September 19, 2015, a session on financial education was held and attended by 15 parents of Eskwelahan ng Buhay at Area 54 Parola, Binondo.

The session starts first with the expectations check. It was followed by the workshop that focused on a theme "Mangarap ka." In this activity, parents have to write something about their dreams in life, to their family, community and their motivation or driving force to achieve their dreams respectively.

It ends with a lecture on its main purpose which is about financing and specifically on budgeting. In the lecture, it was also stated how important these matters in a particular group of people or unit in constructing a strong livelihood program.





The activity spearheading by Mrs. Lucy Lachica, Puso sa Puso Livelihood Coordinator together with the parents





Monthly Mass for October 2015





Last September 25, 2015, Friday, a thanksgiving mass was held at Our Lady of Peace and Good Voyage Parish, Tondo. It was initiated by Fr. Francis Teo Kian Seng from the Missionary community of Saint Paul the apostle. The mass started at 90'clock in the morning and end's at 10 o'clock respectively. The mass was attended by the ALSA BUHAY learners as well as the active parents of Eskwelahan ng Buhay. Meanwhile in Payatas, they conducted the holy mass last September 24, 2015 with learners, staff and volunteers of Puso sa Puso gathered at Payatas Center It was started at exactly 11:00am. Fr. Roland Jaluag, Parish Priest of Kristong Hari, headed the mass.

The homily that transpired from the mass in Parola implied that we should work hard in order to improve our relationship to God. In addition to his homily, Fr. Francis mentioned that having a good and continuous communication within the family member would help to have a harmonious relationship, and this is an effective way to express love to one another.

Meanwhile in Payatas, IN reflection for the gospel readings, Fr. Roland talked about the current society of the Philippines where corruption is rampant. We meet a lot of challenges like heavy traffic, overpopulation, crimes, territorial disputes, drugs, garbage and other factors that worsen the quality of lives of Filipino. Fr. Roland related these situations as a challenge to the youth. It triggers them in order to make a difference, and they should start to the change in themselves first. They should also admit that amidst all the problems in our society, we are not innocent, and in fact, we also contribute to these problems.

Photos during Payatas and Parola mass:





















Career Guidance and Job Opportunity

(September 25, 2015)



One of our goals for our learners is for them to achieve better and stable life. So part of giving them quality education is to give seminars about career guidance and job opportunity. It was held last September 25, 2015 at 10:00 am - 12:30 pm at Livelihood Center headed by the resource speaker, Mr. Mark Bryan M. Miranda, RSW. The attendees came from the secondary learners and selected Advance Elementary. The discussion was focused in giving directions, guidance and tips to the learners on what course they were going to study in college. And what is the proper way in applying for a job including the proper and correct making of resume or how to fill up the bio data.

Photos during the seminar:









Learners listen and participate during the discussion